

SPARK FALL 2018



September 21st, 28th, October 5th, 12th from: 8:35-10:35

- all fees range from \$0-25 *except for Babysitting. Fees are due on September 21th.
- You may pay school cash online, by cash or cheque (payable to George Street Middle School)
- There are 36 options; we will do our best to ensure students get one of their top 6 choices.

Volunteering and Life Skills

Good Neighbour

What are employers looking for? Would you make a good employee? Find out about job skills then go into our community and be a "good neighbor" by sharing your skills with local merchants or community groups. Being a good volunteer will make our neighborhood a better place (and may someday help you get a job)! **Grade 8 students only.** You cannot do this SPARK twice in one school year.

Enrollment: 20

Meet in room #302

No fee

Global Minds

If you are passionate about making a difference, if you are interested in helping newcomers feel welcome at our school, if you would like to meet students from around the world, this is the SPARK for you! The primary goal of Global Minds is to bring students from diverse backgrounds together through community service and student-led activities centered on human rights, diversity, sustainable development and international relations. We will eat, play, talk, and create projects as a group to represent our multicultural school population. Join us as we create change together!

Enrollment: 40

Meet in room A22

Fee: \$5

Healthy Cooking

Do you enjoy eating delicious, healthy food? Do you have an interest in learning how to be more creative in the kitchen? If so, the Healthy Cooking SPARK is right for you! Join us at Greener Village for an enhanced and enjoyable cooking and eating experience.

Enrollment: 15

Meet in gr 6 Annex rm #13

Fee: \$25

Physical Fitness and Wellness

Golf

Would you like to learn more about playing golf? During this SPARK, you will learn about the fundamentals of the golf game at the beautiful Kingswood Golf Course. Skills such as balance, rotation, golf swing and putting will be taught. The fee includes four golf lessons by the Assistant Golf Pro as well as transportation. Students can share the equipment or drop off their own clubs at the Kingswood Golf Course where it can be kept for the SPARK sessions.

Enrollment: 20

Meet in room #311

Fee: \$25

Archery

This is an introduction to the sport of archery. Students will learn the proper techniques and form from experienced archers. Students will get lots of practice time and even participate in team against team competitions.

Enrollment: 28

Meet in room #33 (gr 6 annex)

Fee: \$20

Girls Empowerment

This SPARK group will offer 4 weeks of fun-filled activities that build empowerment! Each week we will indulge in a new activity that promotes building and maintaining positive relationships. Activities you can look forward to are: yoga and/or another physical activity, a manicure and snack morning, an artistic creation, and breakfast at Cora's!

Enrollment: 35

Meet in room #210

Fee: \$25

Rockwall Climbing

Want to learn how to rock climb? Then this SPARK is for you! Every members of the UNB Rock and Ice club offering 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes to practice your skills in their indoor rock climbing wall. Students will walk to the facility and back to the school.

Enrollment:16

Meet in Room #201

Fee: \$25

Lift Fitness

You get to experience a local fitness gym in Fredericton and receive instruction from trained personal fitness instructors. Focus will be on learning the basics to proper use of equipment used in a fitness gym, strength and endurance training, and individual and team-based fitness challenges. Get ready to increase your level of fitness in a safe and fun environment. Gym clothing, inside sneakers, and a water bottle are required.

Enrollment: 20

Meet in the balcony

Fee \$20

FloorBall

Floorball is a fast-paced, exciting and safe game. At first glance, it resembles floor hockey or ball hockey but is played with specialized light-weight fibre glass or carbon fibre sticks and rules that promote safety and skill. This is for boys and girls, all grade levels.

Enrollment: 20

Meet in the gym

No fee

Swimming

Students will take the bus to the Fredericton Indoor Pool for some swimming fun - (no instruction). All students must wear modest swimwear.

Enrollment: 50

Meet in room #214

Fee: \$10

Tennis

This SPARK will be held at the Abony Tennis Center! You will learn the basic fundamentals of how to play tennis, the rules of the game and experience mini matches! We will supply the racquet and all you need to bring are your **NON MARKING** sneakers and a smile!

Enrollment: 20

Meet in room #315

Fee: \$20

Biking

Students will need bicycles in good working order with brakes. As well, helmets are **MANDATORY**. Students will bike the trails in and around Fredericton. Students will need to have their bikes transported to the school and they can be stored here in our shop area.

Enrollment: 35

Meet in room #205

No fee

Beach Volleyball

Do you love indoor volleyball? Why not take it outside with our Beach Volleyball spark? A little more challenging but A LOT more fun! This spark will consist of playing in a mini tournament every week. You'll meet new friends and have a blast! Once you try this sport you'll be hooked!

Enrollment: 40

Meet in the balcony

Fee \$10

Bowling

Students will travel to Kingswood and take part in a fun game of ten-pin bowling. Participants will have a quick warm up, and then have the opportunity to play a string of bowling. This is open to experienced and first time bowlers!

Enrollment: 30

Meet in room #103

Fee \$20

Baseball Preparation

A cool new SPARK for those interested in honing their baseball skills. In a new facility dedicated to fitness you will learn baseball hitting and/or throwing skills, agility work using an agility ladder and plyometric hurdles on the turf. Lots of fun games incorporated into these fitness sessions.

Enrollment: 40

Meet in grade 6 Annex #21

Fee \$25

Soccer Baseball

We will walk to queen Square (baseball field) and play soccer baseball- as the title suggests, it's a game that combines the game of baseball but with a soccer ball instead of a ball and bat.

Enrollment: 40

Meet in room #301

No fee

Rugby

Students will learn how to play rugby and take part in many scrimmages and games.

Enrollment: 20

Meet in grade 6 Annex #34

No Fee

Wilderness Survival

This SPARK is about outdoor wilderness survival skills combined with identifying common NB woods animals/tracks, and learning to identify trees, There will be instructors from the Maritime College of Forest Technology that will take the group out to explore.

Enrollment: 20

Meet in room #303

No Fee

Walk the Trails

In this SPARK, you will get to enjoy the fresh air, the beauty of nature and some low-intensity exercise. We will walk a different trail each week and if you walk the right path, we may even be able to stop for an ice cream on the last day! You will need to dress for the weather and wear comfy shoes. Also, bring a water bottle!

Enrollment: 40

Meet in room #215

No Fee

Technology

Robotics

Do you love working with electronics? Do you enjoy building robots and programming them? Using the LEGO MindStorm system, you will build robotic systems. Also, you will compete with others to see if your robot can complete an obstacle course and/or be the victor of an epic Robot Battle. We will walk to Science EAST!

Enrollment: 16

Meet in room#201

Fee: \$20

Lego

Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions than the LEGO SPARK may be for you.

Enrollment : 20

Meet in Room # 310

Fee: \$4

Creative Options

Mystery Art Materials

Pro markers, Mylar and alcohol inks! Explore new media from Endeavors art supply you haven't had the chance to try! Learn to design a book, comic or journal!

Enrollment: 15

Meet in gr 6 annex # 32

Fee: \$25

Sip 'n Paint

Have you ever thought you'd like to paint but didn't know how to start? Come join artist Andrea Parent Milley for step by step instruction to create your very own masterpiece. No experience necessary or maybe you would like to brush up on skill. Learning technique and how to use the tools you will build confidence in your abilities and leave with a completed painting done by you to hang on your wall! All this fun while sipping your favourite juice or water.

Enrollment: 25

Meet in room #309

Fee: \$25

Jewelry Making

This term in The Beadnik's Beading Spark, we will be working with wire, as well as creating beads from scratch! We will learn how to make paper beads as well as create jewelry that we can use them in. The possibilities are endless! Supplies will be included however you can also bring in cool scrapbooking paper or magazines for endless ideas.

Enrollment: 20

Meet in grade 6 Annex # 14

Fee: \$20

String Art

String Art is the perfect combination of word working and crafting. Students will have the opportunity to use wood, nails, and string to create intricate and fashionable designs for decorating and gifts. Students will be working with 'String by Sterling,' a local string artist, who will guide them through the creation of their own string art pieces, as well as show them about the business of being a local art vendor at the Boyce Farmer's Market. If your industrious, creative, or simply want to try something new, String Art is for you!

Enrollment: 20

Meet in room 303

Fee: \$25

Clay

In the clay hand building SPARK, students will learn a number of different hand building techniques. These techniques include coil pots, slab work, pinch pots, and more. One technique will be taught each week, and projects will be painted on the last day of SPARK. Students can take home all of the work they create.

Enrollment: 20

Meet in room #110 Art Rm

Fee: \$10

Graffiti

In these workshops you will learn about Pro markers, comic and graphic design as well as graffiti techniques! Create your own zine as well, in an awesome studio environment.

Enrollment: 15

Meet in room #310

Fee: 25\$

Clay Cafe

If you like crafts, you will love this SPARK. We will be walking down to the Clay Café store for each SPARK session. You will have a few choices of pottery to decorate. You may also want to bring a toonie for a treat.

Enrollment: 50

Meet in the gr6 Annex rm #11

Fee: \$25

Art Gallery

If you want to explore art-making, come play with us. We'll make a graffiti inspired sculpture, an abstract painting, some realistic drawings and a multicoloured print. Each week we will focus on a different artist and their technique. Come explore the fun world of art-making at the Beaverbrook Art Gallery.

Enrollment: 15

Meet in the gr 6 annex rm # 23

Fee: \$25

First Nations Drumming

This SPARK will be an exciting time to learn about the sacred ceremonial tradition of First Nation drumming, where you will be taught the history and some beautiful songs. You will also learn about Spirit Animals, Dreamcatchers, and smudging. If you have ever been interested in learning about some of the wonderful indigenous customs, now is the time.

Enrollment: 15

Meet in room #101

No Fee

Book it!

This SPARK is for those that love to read. You will get time to read, visit a local book store and the Fredericton Public Library Youth Librarian will come to visit you to chat about the options at the public library. If you like books this is the SPARK for you.

Enrollment: 15

Meet in the library

No fee

Games Unplugged

Unplugged on Queen Street has over 600 individual and group board games, and we want you to come and check them out! There are sure to be games you haven't even heard of! Come try something new and enjoy the huge array of games to choose from. We will walk every Friday to the Unplugged location.

Enrollment: 40

Meet in Room #314

Fee: \$10

Photography

This SPARK will teach you how to compose great photographs using your phones or digital cameras. Get inspired by the ideas you'll see and hear. Have fun creating many photos from nature and found objects. We will also do one day as a scavenger hunt all around the downtown area. Make beautiful pictures for fun- they make great gifts too!

Enrollment: 15

Meet in Room #212

No Fee

Beginner Band SPARK

Do you play a musical instrument? Would you like to? Beginner Band SPARK is for students who have never played a musical instrument before, or students who are new to their instrument, and would like to learn from the pros. Learn how to play your best in a fun, welcoming environment with professional musicians. This SPARK is highly encouraged for any Grade 6 student who plans to play in our school band program, as well as any student in Grade 6, 7 or 8 who is new to their instrument and would like to join band.

Enrollment: 50

Meet in the Band Room #102

Fee: \$10

\$\$ Money Matters \$\$

Have you ever wanted to play The Price is Right or discover how you can make money... and what to do with it when you have some? We all know that we need to deal with money sometimes; come and find out how to make sure you are getting your money's worth and how to make money work for you! The activities in this SPARK will be hands-on and interactive. We are hoping to do a tour of a local bank too!

Enrollment: 20

Meet in Room #

No Fee

Bridge

Learn how to play the card game bridge from experts! You will learn the basics and play the game. Find out what all the fuss is about- it's a really interesting game.

Enrollment: 20

Meet in Room #211

No Fee