



Family Enrichment
and Counselling
Service



Active Parenting for Children Ages 1-4 years

Is parenting your young child tougher than you thought it would be?

'1-2-3-4 Parents!' is a 3-week program designed to provide parents with skills to help raise children. In this program, you will learn:

- Why your child acts like he/she does
- How to keep your child safe
- How to bond with your child
- Why taking care of yourself is important
- How you can discipline your young child



- **WHERE?** Family Enrichment and Counselling
- **WHEN?** Nov. 23rd, Nov. 30th and Dec. 7th
Wednesday evenings from 6:30 - 8:30 pm
- **WHAT?** The cost is \$75/person, or \$100/couple
- **HOW?** To register, call 458-8211



Family Enrichment and Counselling
Service

356 Queen Street, Fredericton, NB
E3B 1B2

Phone: (506) 458-8211

Toll Free in NB: 1-888-829-6777

info@familyenrichment.ca

www.familyenrichment.ca