

Elementary Menu 2017-2018

daily price list

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sept. 05-08 Sept 18-22 Oct. 02-06 Oct. 16-20 Oct. 30-Nov. 03 Nov. 13-17 Nov. 27-Dec. 01 Dec. 11-15 Jan 08-12 Jan 22-26	Diced Chicken on a Bun with Mashed Potatoes, Hot Veggies	Soft Beef Tacos with Mexican Rice and Corn	No Cafeteria Services due to ½ Teaching Day	Homestyle Lasagna with Caesar Salad	Sweet & Sour Meatballs with Rice and Veggie
Week 2	Sept. 11-15 Sept. 25-29 Oct. 09-13 Oct. 23-27 Nov. 6-10 Nov. 20-24 Dec. 04-08 Dec. 18-22 Jan 15-19	Shepherd's Pie With Carrot Coins	Pancakes topped with Berries served with sliced Ham		Cheesy Macaroni Bake with Tossed Salad and Fresh Baked Breadstick	BBQ Chicken with Baked Potato and Seasonal Vegetables
Every Day Favourites! Grilled Cheese, Homemade Hamburgers, Grilled Chicken Burger, Snack Wraps, Whole Fruit Slush Cups						
Daily Combo	Chicken Snack Wrap with Carrots & Dip and Small Milk \$5.00	Baked Potato Topped with Taco Meat, Cheese with Side Salad \$5.00			Garlic Slice with Crisp Tossed Salad \$4.25	Chicken Nuggets and Baked Potato Wedges \$4.50

Meal Price :	\$5.25
Sandwiches:	
Grilled Cheese	\$3.00
Ham & Cheese Sandwich	\$3.50
6" Deli Sub(Ham and Turkey Pepperoni)	\$4.25
Drinks:	
250ml White Milk	\$0.50
250ml Choc Milk	\$0.55
114ml Juice	\$0.65
341ml Can Juice	\$1.75
Bottled Water	\$1.50
Yop (113ml)	\$2.00
Salads:	
Caesar Salad	\$3.50
Garden Salad	\$3.30
Other	
Baked Fries/Wedges	\$2.75
Grilled Chicken Burger	\$3.75
Homemade Hamburger	\$3.75
Homemade Cheeseburger	\$4.50
Pizza Bagel (Tuesday, Thursday, Friday)	\$2.75
Pizza Slice(Tuesday, Thursday, Friday)	\$3.00
Garlic Slice (Friday)	\$2.75
Daily Snacks:	
Popcorn	\$1.25
Veggies and Dip	\$1.50
Crackers and Cheese	\$2.50
Fresh Fruit	\$1.25
Fruit Cup	\$2.00
Apple Slices w/Dip	\$2.50
Yogurt and Berries	\$2.00
Tuesdays and Thursdays	
Rice Krispie Square	\$1.00
Applesauce Brownie	\$1.00
Muffins(small)	\$1.25
Low Fat Cookie	\$0.65
Mookie	\$0.65
Banana Bread	\$1.50
Bread Stick	\$1.50
Pudding Cup	\$1.75
Baked Chips(2 days)	\$1.50
Cinnamon Bun(small)	\$1.50

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