Elementary

chartwells
eat. learn. live.

	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit of the Day	Apple Slices	½ Banana		Orange Slices	½ Banana
Sept 4-7 Sept 24-28 Oct 15-19 Nov 5-9 Nov 26-30 Dec 17-21 Jan 7-11 Jan 28-Feb 1 Feb 18-22 Mar 11-15 Apr 1-5 Apr 22-26 May 13-17 Jun 3-7	Spaghetti with Meat Sauce or Marinara Sauce, Caesar or Garden Salad Fruit of the Day	Homemade Pancakes topped with Fruit Grilled Ham Fruit of the Day	Closed due to ½ day of school	Homemade Chicken Fingers With Oven Baked Potato Wedges, with Veggie Sticks Fruit of the Day	Chicken Breast Sub or Veggie Sub, and Homemade Vegetable Soup Fruit of the Day
	Pizza Slice Homemade Hamburger, Chicken Breast, Grilled Chicken Snack or Soft Beef Taco served with Veggie Sticks Or Garden Salad and Fruit of the Day				

	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 10-14 Oct 1-5 Oct 22-26 Nov 12-16 Dec 3-7 Jan 14-18 Feb 4-8 Feb 25-Mar 1 Mar 18-22 Apr 8-12 Apr 29-May 3 May 20-24 June 10-14	Homemade Creamy Macaroni & Cheese, Ham Slice Veggie Sticks Fruit of the Day	Sweet & Sour Meatballs Rice and Carrots Fruit of the Day		Homemade Meat Lasagna or Vegetarian Lasagna Caesar or Garden Salad Fruit of the Day	Grilled Cheese Sandwich Homemade Chicken Noodle Soup Fruit of the Day
	Pizza Slice Homemade Hamburger, Chicken Breast, Grilled Chicken Snack or Soft Beef Taco served with Veggie Sticks Or Garden Salad and Fruit of the Day				

	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 17-21 Oct 8-12 Oct 29-Nov 2 Nov 19-23 Dec 10-14 Jan 21-25 Feb 11-15 Mar 4-8 Mar 25-29 Apr 15-19 May 6-10 May 27-31	Beef, Tomato, Macaroni Bake, with Side Salad Fruit of the Day	Homemade Pancakes topped with Fruit Grilled Ham or No Ham Fruit of the Day		Homemade Chicken Fingers, Oven Baked Potato, and Veggie sticks Fruit of the Day	Open Face Hot Chicken Sandwich Mashed Potatoes and Veggie Fruit of the Day
	Pizza Slice Homemade Hamburger, Chicken Breast, Grilled Chicken Snack or Soft Beef Taco served with Veggie Sticks Or Garden Salad and Fruit of the Day				

Meals made with Whole Grain and Enriched White Products, Meats and Vegetables are Local NB Products!

Meal Price : $6.00
Includes Milk

Sandwiches:

Grilled Cheese	$3.25
Chicken Salad Sandwich	$3.50
Egg	$3.00

Drinks:

250ml White	$0.50
Bottled Water	$1.50

Salads:

Caesar Salad	$3.50
Garden Salad	$3.30
Add Chicken to your salad	$1.25

Other

Snacks:

Veggies and Dip	$1.50
Crackers & Cheese	$1.75
Fresh Fruit	$1.00
Fruit Cup	$1.75
Apple Slices w/Dip	$2.25
Pudding Cup	$1.75
Homemade Cookie	$0.75
Homemade Muffin	$1.50
Homemade Banana Bread	$1.50

Pre-order with ease at
www.schoollunchorder.ca