



# SSES Buzz- Week of October 17th,2022

## This Week's Buzz



If you haven't already heard, we have the best-behaved students in town. Yesterday, SSES staff escorted 450 students to the St. Stephen High School for a very successful evacuation practice. Please give your child a high five from us and tell them how proud we are of them! Mrs. Amos and Mr. Harris from SSHS were very impressed with this group of wonderful students!

This week, a cross-section of students in grades 4 and 5 will be invited to meet with Mrs. Brown and Mrs. Parsons in a Student Leadership Forum to discuss how things are going so far this year. We are looking for suggestions as to how we can continue to make SSES a great place to be, and we look forward to hearing from them!

October is Dyslexia Awareness month, and on Thursday of this week, we invite all students to wear red to recognize 'Mark it Read' Day!

Have a wonderful week!

### [What is Dyslexia?](#)

Dyslexia is a specific learning disability in reading. Kids with dyslexia have trouble reading accurately and fluently. They may also have trouble with reading comprehension, spelling and writing.

Mark it Read is the official Canadian celebration for Dyslexia Awareness Month. October 1st, 2022 marks the start of our 5th annual national awareness-raising campaign. Each year across Canada, monuments and buildings are lit up red, schools and workplaces wear red, and cities and towns sign proclamations to officially declare the month of October as Dyslexia Awareness Month. Mark it Read has also been listed on the Government of Canada website as a health promotion month.

[\(Mark it Read — Dyslexia Canada\)](#)

## ADHD Parent Workshop

Our local Child & Youth teams are excited to offer the ADHD Parent Workshop. Beginning on Friday, October 21 at 12:00 pm, the workshop is a series of five, one-hour sessions by video for parents/caregivers in Charlotte County. The only criteria to participate is that the family has a child who has symptoms of Attention Deficit-Hyperactive Disorder (ADHD).

- No diagnosis is required.
- Dual diagnoses are welcome (e.g., ADHD and autism).
- No referral to C&Y is needed.

If you know of a family that could benefit from education about ADHD and an emphasis on behavioural/environmental strategies for parents/caregivers to implement, we'll welcome their participation. The heart of the workshop is the parenting strategies that we organize by each domain of executive functioning, such as: working memory, impulse control, and emotional regulation. These strategies apply to people of all ages, but many of the examples we share are tailored for children in elementary school. (We'd be curious to hear about your interest in ADHD program for parents of adolescents to help us better understand the need.) The intent of this program is to support parents in structuring the home environment to accommodate and increase capacity for their child's executive functioning.

### Sessions

1. October 21 – Introduction to ADHD
2. October 28 – Introduction to Executive Functioning
3. November 4 – Parenting Strategies
4. November 18 – Parenting Strategies
5. November 25 – Advocacy and Supports

(Friday, November 11 is a statutory holiday, so we'll continue the following week.)

Participants can join as late as session two. Session two needs to be attended for participation to continue, but subsequent absences can be accommodated. Following the workshop series, participants can opt-in for an addition session where we'll meet with each of them to discuss strategies, planning, and implementation that work for their family. The upcoming workshop will be facilitated by Katie Munn and Mike Bird. If families are unable to participate now, we hope to offer more workshops later in the school year.

If your family doesn't have a child open to Child & Youth currently, please contact [michael.bird@gnb.ca](mailto:michael.bird@gnb.ca) for registration.

## SSES is a Bee Me Kidz Zone!



Our 'Bee Me' Theme for the month of October is 'Respect'. Having respect means that you care enough to think about other's feelings before you act.

At St. Stephen Elementary we talk a lot about how to 'Be Respectful' as one of our three 'B's (Be Safe, Be Prepared, Be Respectful) and students learn and practice what it means to 'Be Respectful' in each of the areas in our school.

These are great conversations to follow up with at home as well! If you are looking for examples of read-aloud to help get you started, follow this link:

[Books about Respect](#)

Each morning, students are given a 'Challenge of the Day' following the month's theme. This week's family challenge is to help someone feel awesome by choosing to play with them or saying something nice!

## What's new from Community Schools?



Do you love to quilt or know someone who does? We'd love to get our quilting club up and running again this year. If you are interested and could be available during a lunch hour once a week (for 10 weeks) then contact Catriona at [Catriona.mclanaghan@nbed.nb.ca](mailto:Catriona.mclanaghan@nbed.nb.ca), 466 7870.

### **VOLUNTEERS NEEDED**

We are looking for a volunteer to organize and tidy our clothing closet. This can be done at a time that is convenient to you during school hours. Contact Catriona if you have the sorting and tidying bug!

### **We've Got Your Back Program**

The "We've Got Your Back" Program provides bags of food to students to take home for the weekend to assist families with food shortages. If your child would benefit from this program please contact Catriona. All contacts are kept confidential.



You can reach Catriona at 466-7870 or [Catriona.mclanaghan@nbed.nb.ca](mailto:Catriona.mclanaghan@nbed.nb.ca)



## Week at a Glance

### Monday October 17th

- Happy Monday!

### Tuesday October 18th

- SSHS Reading Buddies will be joining Ms. Sorel's class at 12:30
- Cross Country Race in Blacks Harbour (see ad above)

### Wednesday October 19th

- Bee Me Kidz Day-. Miss Mandy is in the building!
- School Assembly @8:40 am
- SSHS Reading Buddies will be joining Mme. Chamber's class at 10:15
- Home and School - Opening Ceremony for Outdoor Classroom (4pm) followed by meeting (5pm)

### Thursday October 20th

- 'Mark It Read Day' - students and staff can wear red for dyslexia awareness

- Grade 4 trip to Ganong Nature Park (9-11) for Mme. Chambers and Mme. Gullison (grade 4 only)

**Friday October 21st**

- Student Leadership Forum @ 1:00
- Have a great weekend



**WE'RE LOOKING FOR  
NEW FACES!**

- › Rewarding part time and full time career opportunities in your local school cafeteria with Chartwells School Dining.
- › Work while your children are in school.
- › Weekends, summers, holidays and March break off.
- › Convenient work hours for bus drivers, parents or retired people who want to supplement their income.
- › Great benefit packages and reward programs available.

Please email your location and resume to:

[Jennifer.Bruder@compass-canada.com](mailto:Jennifer.Bruder@compass-canada.com)  
Please include location in subject line

chartwells  
SCHOOL DINING

## Weekly Menu



GRAB & GO	SALAD	BAKERY
Fresh Fruit Parfait \$2.75	Garden Salad \$4.50	1oz Cookie \$0.85
Baked Tortillas & Salsa \$2.75	Caesar Salad \$4.50	Banana Loaf \$1.75
Veggies & Ranch Dip \$2.75	Tomato Basil Pasta Salad \$4.50	Small Muffin \$1.25
Apple Wedges & Dip \$3.00		
Frozen Yogurt \$1.50	PIZZA	BEVERAGES
Baked Chips \$2.00	Pizza Slice \$4.25	250ml White Milk \$0.60
Yogurt Parfait \$2.50	Pizza Roll \$2.00	250ml Chocolate Milk \$0.60
Yogurt Cup 100ml \$1.50		Juice Can \$2.00
Fresh Fruit \$1.50	GRILL	Juice Box \$1.35
Bagel with Butter \$1.90	Daily Special \$6.50	ICEE Slush Cup \$1.50
Bagel with Cream Cheese \$3.00	Grilled Cheese Sandwich \$4.00	Water 500ml \$1.50
	Popcorn Chicken with Sauce \$3.75	Water 591ml \$2.00
	Hamburger \$4.25	
	Cheeseburger \$4.75	
	Grilled Chicken Sandwich \$4.75	
	Roasted Potato Wedges \$2.75	
SANDWICH		
Chicken Caesar Wrap \$5.75		
Tuna Salad Sandwich \$4.25		
Chicken Snack Wrap \$4.00		

Meal Price \$6.50	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Snack Wrap With Caesar Salad	Grilled Cheese Sandwich with Chicken Noodle Soup	Chicken Quesadilla with Veggie Sticks	Penne Pasta with Meat Sauce & Caesar Salad	Hamburger & Roasted Potato Wedges
Option 2	Macaroni & Cheese with Veggies and Dip	Soft Tacos, Mexi Rice and Corn	Cheese Pizza Slice & Cucumber Slices	Chicken Fingers with Potato Wedges, Veggies & Dip	Pancakes with Grilled Ham and Fruit



## Upcoming Events



### Dates to Remember!

- Friday October 28th- Skating (12-1 KA, 1A, 2A,2D) (1-2 3A, 4A, 5A)
- Monday October 31st- Halloween
- Friday November 4th - Skating (12-1 KB, 1B, 2B, 2/3 E) (1-2 3B, 4B, 4/5D)
- November 6th- Daylight Savings-Fall back!
- November 10th-SSES Remembrance Day Ceremony
- November 11th- Remembrance Day (no school for students or staff)
- November 15th PSSC Meeting 6:30-7:30 in the library (also available online by request)
- November 18th- Professional Learning Day for Staff (no school for students)
- December 1st- Report Cards sent home
- December 2nd- No classes for students K-12 for School Improvement Planning
- December 8th- Parent Teacher Interviews (evening)
- December 9th- Parent Teacher Interviews (am)/Staff PL (pm)
- December 23rd- Last day of classes (half day for students)



## School Mission

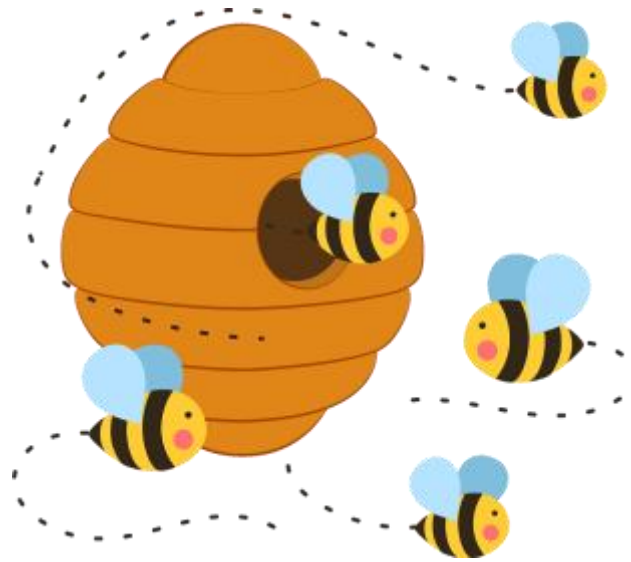
COLLABORATIVELY, WE  
WILL PROMOTE ACADEMIC  
EXCELLENCE THROUGH AUTHENTIC  
EXPERIENCES AND FOSTER  
PERSONAL GROWTH IN A SAFE AND  
HAPPY COMMUNITY.

## School Vision

- ▶ St. Stephen Elementary School ensures, enriches and celebrates the learning and growth of everyone towards becoming responsible global citizens.



Seen around the Hive...





*1 - SSES Cross Country*



*2 - SSES Cross Country*



*3 - SSES Cross Country*



*4 - SSES Cross Country*





*5 - SSES Cross Country*



*6 - SSES Cross Country*



*7 - SSES Cross Country*



8 - SSES Cross Country



*9 - Music Class*



*10 - SSES Cross Country*



*11 - SSES Cross Country*





*12 - SSES Cross Country*



*13 - SSES Cross Country*



*14 - SSES Cross Country*



*15 - SSES Cross Country*



16 - SSES Cross Country



*17 - PBIS Student*

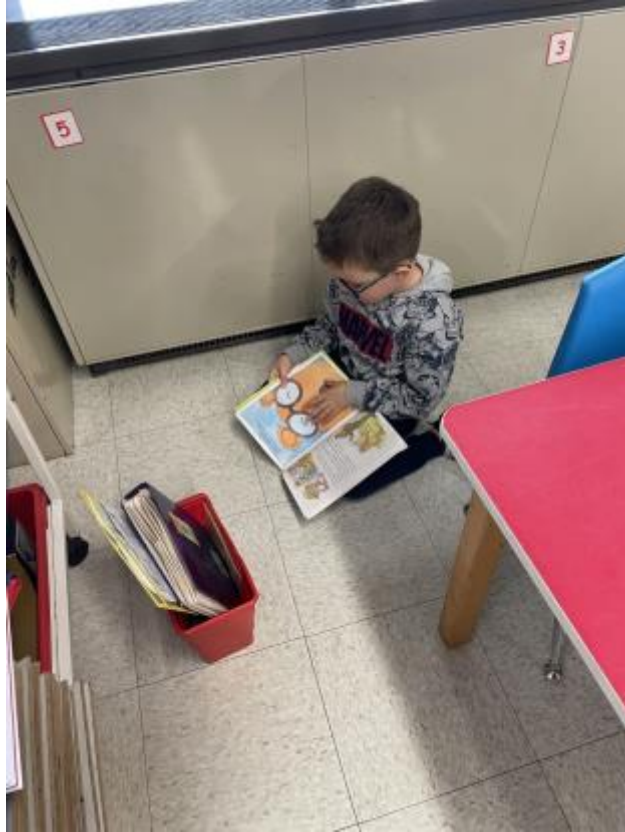


*18 - Working together*





19 - Reading



20 - Reading



21 - Reading



22 - Working with the teacher.



23 - Working together.



24 - Working together.



*25 - We hold each other up!*



*26 - We hold each other up!*

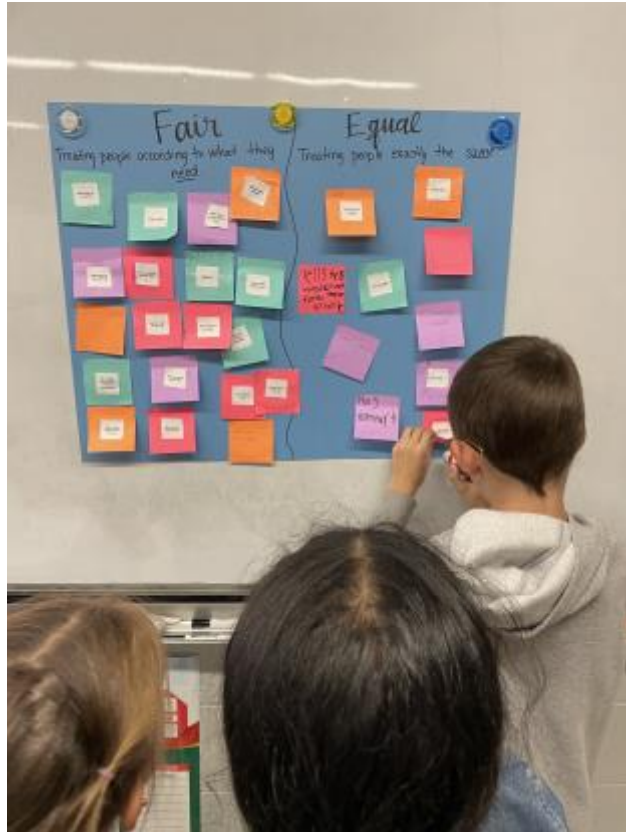


27 - Nice walk to SSHS.





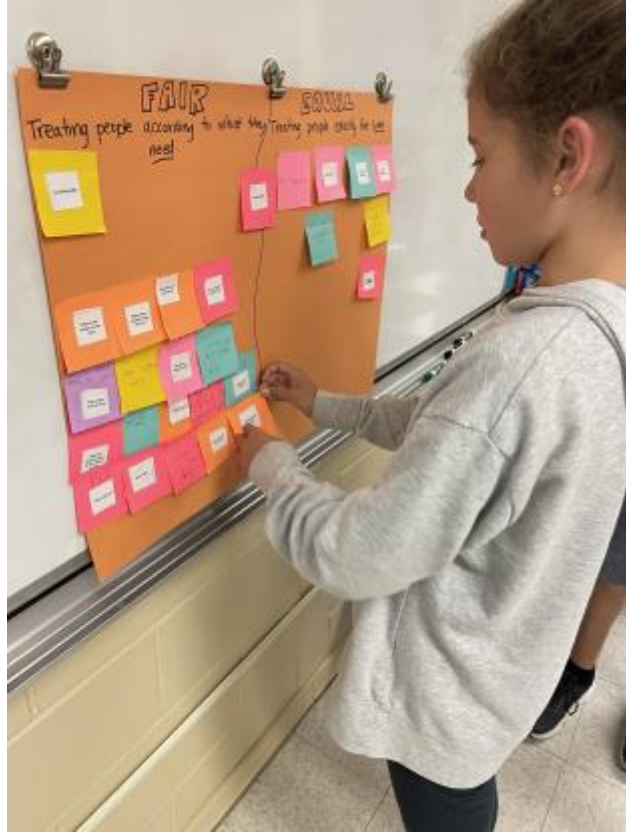
28 - Learning about Fair vs Equal.



29 - Learning about Fair vs Equal.



30 - Learning about Fair vs Equal.



31 - Learning about Fair vs Equal.



*32 - Learning about Fair vs Equal.*



*33 - Beautiful evening sky over SSES!*

## Contact Us

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466-7303

<http://twitter.com/statuses/1565094219974414342>