



PRINCESS ELIZABETH SCHOOL

20 SIXTH STREET, SAINT JOHN, NB

E2K 3M1 Phone: 658-5356 Fax: 658-6317

5 April 2024

Good Afternoon,

A few reminders for the week of April 8th – April 12th. For a complete list of activities and future events, please refer to the PES webpage [ASD-S | Anglophone South School \(nbed.nb.ca\)](https://www.nbed.nb.ca/ASD-S/Anglophone%20South%20School) or follow us on social media here [Princess Elizabeth School \(@PESpanther\) / Twitter](https://twitter.com/PESpanther). If you have any questions or concerns, please do not hesitate to call the school at 658-5356. Your feedback is always welcome on how to make PES a better place to learn and visit.

ATHLETICS ZONE

Extracurricular Activities: A reminder to parents/guardians and Panther athletes. Please respect shared schedules (athletics calendar, coaches schedules, PES Calendar of events), and communicate when you are unavailable as timely as possible. Please respect pick-up times. We are all part of the PES Panther team. Take PRIDE in commitment, make your best EFFORT, see the SUCCESS!

Cheer Team: The PES Cheer Team continues their sporting season, and all the hard work is paying off as they perfect their numerous routines enroute to their next Inaugural PES Cheer Competition being held at PES on Saturday, April 13th. Upcoming Cheer team practice take place on Sunday, April 7th @ 2:30 – 5:30 at the Carleton Community Center; Tuesday, April 9th @ 2:45 – 4:30; and Friday, April 12th @ 2:45-5:30.

Volleyball: Thank you to the many student athletes, faculty advisors and coaches that have our volleyball season serving into high gear.

- Girls JV Volleyball Game vs. Bayside Middle School at 3:30 – 5:00 on Wed., April 10th.
- Girls Varsity Volleyball practice on Wednesday, April 10th at 2:45 – 4:15 on Wednesday, April 10th. The next game vs. Beaconsfield Middle School @ 3:30 – 5:00 on Thursday, April 11th.
- Boys Varsity Volleyball Game on Tuesday, April 9th vs. Beaconsfield Middle School @ 3:30 – 5:00.

Athletic & Student Fees: Fees are collected online at <[SchoolCashOnline.com: Welcome](https://www.schoolcashonline.com)> \$30 per child or \$50 for families with two or more children. Student Fees support: (1.) Activities/Fieldtrips; (2.) School Special Events; (3.) Athletics & Fine Arts; (4.) Awards & Student recognition.

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The Trevor Morris Invitational Volleyball Tournament and Gymnasium Dedication:

Princess Elizabeth School will be hosting its inaugural **Trevor Morris Invitational Volleyball Tournament** on Friday, April 19th and Saturday, April 20th. Mr. Morris is a household name for our PES community, having attended the school from Grades 1-9 and then teaching/coaching here for 33 years. Following his retirement in 2006, Mr. Morris continued to coach at PES, right up until 2019. This adds up to almost 6 decades as an in-house member of the PES school community. This tournament will honor his legacy of dedication and commitment to sport and community. In conjunction with this weekend, PES will be naming the school gymnasium after Trevor. A fitting tribute to the man who gave so much to this building and generations of students. The dedication will take place at 12 noon on Saturday, April 20th in the PES Gymnasium. All are welcome to attend this special day.

No Parking Zones: Our school community is reminded that parking on either side of the signaled cross walk on Fifth St. is not permitted. Keeping this area free of parked cars and other obstructions helps keep our students safe as they cross the street.

Student Drop-Off Zone: Student drop-off is only permitted in the designated student drop off zone located off Parks Street, drivers are requested not to idle to keep the flow of student drop off traffic moving safely and efficiently and help prevent congestion on adjacent residential streets. Please note that student drop-off is not permitted on Sixth Street. Thank you in advance for your cooperation in using the designated student drop-off zone and helping keep our students and staff safe!

Student Drop-Off: Student drop-off is not permitted prior to 8:00 a.m. and because of your cooperation our school has experienced a noticeable reduction in negative student related incident reports. When students are dropped off after 8:00 a.m., school supervision is in place to help keep students safe and monitor student behavior. Thank you for your help in achieving a safer school campus for all by dropping your child(ren) off between 8:00 a.m. – 8:15 a.m.

Canadian Student Alcohol and Drugs Survey: Your child's school has been selected to participate in the Health Canada 2023-2024 Canadian Student Alcohol and Drugs Survey (CSADS). The survey will be administered the week of April 8th at Princess Elizabeth School to our grade seven and eight students. If you do not wish to have your child participate, please return the form that was sent home indicating that you do not want them to participate.

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LOOKING AHEAD

- Total Solar Eclipse Early Dismissal on Monday, April 8th – Dismissal @ 12:00 p.m.
(All students at PES will be dismissed at 12:00 p.m. Please ensure there is someone to pick them up. K-8 students will be on the same bus run and should reach their destinations by 12:30 p.m.)

- Dalhousie Medical School "Kids Run Club" Program on Tuesday, April 9th & Friday, April 12th @ 11:35 a.m. – 12:35 p.m.

- Home Report Card #2 Issued – Thursday, April 11th

- Alex Chisolm-Guibault Presentation: Grades 6-8
<https://newsinteractives.cbc.ca/longform/alexander-the-great/>

- K-12 Full Day – Parent/Teacher Interviews/Professional Learning - Mon., April 15th – *NO CLASSES*

- Virtual Parent Teacher Interviews @ 9:00 – 11:00 on Monday, April 15th
- In-Person Parent Teacher Interview @ 4:00 – 7:00 on Thursday, April, 11th
(A link will be sent out via email with booking instructions)

(Please note that On April 15th, during the parent teacher meetings, Ms. Fres, Behavior Intervention Mentor, Ms. Kinney, Behavior Intervention Mentor and Nancy Savoie, School Social Worker will be available for the morning so parents/caregivers can consult on behavior or social related concerns.)

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ADHD PARENT WORKSHOP



The Child and Youth Program is offering a parent workshop with a series of **four, free 1-hour live video presentations** for parents/caregivers in the Saint John region (Sussex to Charlotte County). You'll learn about ADHD and how you can help your child function better.

- No diagnosis required
- Dual diagnoses are welcome (example: ADHD and autism)
- No referral to C&Y needed

The Group

Session 1 – Attention-Deficit/Hyperactivity Disorder and Executive Functioning

Session 2 – Parenting Strategies for Working Memory, Starting/Finishing Tasks, Self-Monitoring, and Flexible Thinking

Session 3 – Parenting Strategies for Planning/Organizing, Impulse Control, and Emotion Regulation

Session 4 – General Strategies and School Advocacy

While the strategies are helpful for everyone (from children to adults), most of our examples are for children in elementary school.



Eight groups are available. See next page.
Interested? Email Mike Bird to register:

michael.bird@gnb.ca

Please include:

- Name
- Email address
- Phone number

Video links and presentation materials are sent before the program begins.

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Schedule

Lunchtime Groups
Wednesdays at 12:00 pm

Group 1

January 24
January 31
February 7
February 14

Group 3

February 21
February 28
(Pause for March Break)
March 13
March 20

Group 5

March 27
April 3
April 10
April 17

Group 7

April 24
May 1
May 8
May 15

Evening Groups
Tuesdays at 7:30 pm

Group 2

January 30
February 6
February 13
February 20

Group 4

February 27
(Pause for March Break)
March 12
March 19
March 26

Group 6

April 2
April 9
April 16
April 23

Group 8

April 30
May 7
May 14
May 21

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