

# 2022

chartwells  
eat. learn. live.



**Meal price  
\$6.50 with  
Milk and Side  
of Fruit**

Monday

Tuesday

Wednesday

Thursday

Friday

|   |   |   |   |   |  |
|---|---|---|---|---|--|
| <p>Week 1<br/>September 06-09<br/>October 03-07<br/>Oct 31-Nov 04<br/>Nov 28-Dec 02<br/>Dec 26-30<br/>January 23-27<br/>February 20-24<br/>March 20-24</p>            | <p>Chicken Snack Wrap<br/>with Caesar Salad</p>                   | <p>Grilled Cheese<br/>Sandwich with<br/>Chicken Noodle Soup</p> | <p>Chicken Quesadilla with<br/>Veggie Sticks</p>                        | <p>Penne Pasta with Meat<br/>Sauce &amp; Caesar Salad</p> | <p>Hamburger &amp; Roasted<br/>Potato Wedges</p>                               |
| <p>Week 2<br/>September 12-16<br/>October 10-14<br/>November 07-11<br/>December 05-09<br/>January 02-06<br/>January 30-Feb 03<br/>Feb 27-March 03<br/>March 27-31</p> | <p>BBQ Chicken<br/>Drumstick, Mashed<br/>Potato &amp; Veggies</p> | <p>Lasagna<br/>&amp; Caesar Salad</p>                           | <p>Penne with Marinara<br/>Sauce and Fresh Garden<br/>Salad</p>         | <p>Shepherds Pie Bowl with<br/>Steamed Carrots</p>        | <p>Sweet &amp; Sour Meatballs,<br/>Stir Fried Veggies &amp;<br/>Brown Rice</p> |
| <p>Week 3<br/>Sept 19-24<br/>October 17-21<br/>November 14-18<br/>December 12-16<br/>January 09-13<br/>February 06-10<br/>March 06-10</p>                             | <p>Cheeseburger &amp; Roasted<br/>Potato Wedges</p>               | <p>Grilled Cheese Sandwich<br/>with Chicken Noodle<br/>Soup</p> | <p>Chicken Fingers with<br/>Potato Wedges and<br/>Veggies &amp; Dip</p> | <p>Cheesy Tomato Penne<br/>Pasta with Caesar Salad</p>    | <p>Sloppy Joe with Roasted<br/>Potato Wedges</p>                               |
| <p>Week 4<br/>September 26-30<br/>October 24-28<br/>November 21-25<br/>December 19-23<br/>January 16-20<br/>February 13-17<br/>March 13-17</p>                        | <p>Macaroni &amp; Cheese<br/>with Veggies &amp; Dip</p>           | <p>Chicken Snack Wrap with<br/>Caesar Salad</p>                 | <p>Sweet &amp; Sour Chicken Rice<br/>Bowl with Stir Fried Veggies</p>   | <p>Penne Pasta with Meat<br/>Sauce &amp; Caesar Salad</p> | <p>Pancakes with Grilled<br/>Ham and Fruit</p>                                 |
| <p><b>Weekly<br/>Feature</b></p>  |   |   |   |   |  |