

Chartwells eat. learn. live.





Meal price \$6.00 with Milk	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 September 13 – 17 October 11 – 15 November 8 - 12 December 6 – 10 January 3 – 7 Jan 31 – Feb 4 Feb 28 – March 4 March 28 – April 1	Chicken Snack Wrap with Caesar Salad	Grilled Cheese Sandwich with Chicken Noodle Soup	Chicken Quesadilla with Veggie Sticks	Penne Pasta with Meat Sauce & Caesar Salad	Hamburger & Roasted Potato Wedges
Week 2 September 20 -24 October 18 - 22 November 15 - 19 December 13 - 17 January 10 - 14 February 7 - 11 March 7 - 11	BBQ Chicken Drumstick, Mashed Potato & Apple Slaw	Lazy Lasagna with Caesar Salad	Baked Beef-a-Roni with Caesar Salad	Shepherds Pie Bowl with Steamed Carrots	Sweet & Sour Meatballs, Stir Fried Veggies & Brown Rice
Week 3 Sept 27 - Oct 1 October 25 - 29 November 22 - 26 December 20 - 24 January 17 - 21 February 14 - 18	Cheeseburger & Roasted Sweet Potato Wedges	Grilled Cheese Sandwich with Chicken Noodle Soup	Chicken Quesadilla with Veggie Sticks	Cheesy Tomato Penne Pasta with Caesar Salad	Sloppy Joe with Roasted Potato Wedges
Week 4 October 4 – 8 November 1 – 5 Nov 29 – Dec 3 January 24 – 28 Feb 21 – 25 March 21 – 25	Beef Burrito	Chicken Snack Wrap with Caesar Salad	Chicken Snack Wrap with Sweet & Sour Chicken Rice Caesar Salad Bowl with Stir Fried Veggies	Penne Pasta with Meat Sauce & Caesar Salad	Turkey Burger with Parmesan Roasted Cauliflower
Weekly Feature	Macaroni & Cheese with Veggies & Dip	Soft Tacos, Mexi Rice and Corn	Cheese Pizza Slice & Cucumber Slices	Chicken Fingers, with Potato Wedges and Veggies & Dip	Pancakes with Grilled Ham and Fruit