

# Hampton Elementary School June 2021 Newsletter



#### HAMPTON ELEMENTARY SCHOOL

82 School Street, Hampton, N.B. E5N 6B2

<u>http://hampton-</u> elementary.nbed.nb.ca

From the Main Office

Telephone - 832-6021

Principal - Sarah Blanchard

Vice Principal - Julie Stewart

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PSSC Chair - Candace Muir psscchair@gmail.com

Home & School President hes.homeandschool@gmail.com

Hampton Education Centre 832-6143

Anglophone South Website http://web1.nbed.nb.ca/sites/ asd-s/Pages/default.aspx

School Bus Transportation -832-6429

#### MISSION:

Help and believe in,

Each student so that he or she can achieve his or her highest potential in a,

<u>Safe</u>, supportive inclusive environment.

#### Upcoming Dates:

June 25th

Last day of school for Students

#### Principal's Message

It's that time of year when the sun is out longer and the weeks just fly by! The warm weather is here and I write this final Principal Message with only 3 weeks left to go in the 2020-2021 school. This year was one for the record books! I never imagined I would face a year such as this but as I reflect on this journey, I do so with pride. Our goal was to welcome students back to our school after 6 months at home, support their social/emotional needs and explore learning in a compacted curriculum with a focus on outdoor education and that is exactly what we did. Our school staff became proficient in Microsoft "Teams" and made it their mission to connect with families more frequently. Many sent weekly updates rather than monthly and picked up the phone to check in when a student didn't seem themselves. It certainly was a 'different' year but it didn't change our mission to support every student. Our students learned flexibility, how to adjust and manage with ever evolving procedure changes. They made incredible academic growth and there are a long list of things they can now do that won't show up on their report card! The students lifted us when we were down with their smiles, positivity and innocence reminding us the world is a better place when you look for the good. I am so proud of THEM!

We did the hardest of things and grew closer as a school community. I wish "behind the scenes" footage was available to see our staff through this pandemic, shifting and adjusting, the things they did to help families in need, the long hours and stress they went through this year. They did so with a focus on what is best for kids and put aside much of their own stress to get the job done so our students had the best learning experience possible.

I also want to acknowledge the toll this year has taken on many of our families: the stress, schedule changes to pick up your children when they exhibited symptoms at school, making arrangements to keep them home when they were unwell, COVID testing, high emotions, new technology, increased anxiety and frustrations. Classroom bubbles which became more like family with students just as eager to defend one another but equally squabbling like siblings by the end of the year. Non-covid viruses were at an all time low and those present in the school became contained due to the diligence of families respecting the operational plans. Your kind words through e-mail and social media were comforting and we appreciated you giving us grace as we navigated our new world as educators.

As we look to the summer, please remember the importance of PLAY in a child's development. Explore a new park, visit a new hiking trail, fish, swim, bike and enjoy the outdoors! Games are also helpful in developing many social skills like turn taking which leads to better selfregulation. You can also encourage your child to keep up with practicing their math facts and playing math games with playing cards (see page 3). This will help students to strengthen and maintain the skills they have worked so hard to gain over this past year.

The importance of daily reading over the summer cannot be stressed enough. Students who read over the summer maintain and can make slight gains in their reading levels. However, those who do not read can lose up to two months of learning by the time they return to school. Remember this quote "There is no such thing as a child who hates to read: there are only children who have not found the right book." (Frank Serafini). Visit the library. Read magazines. Look at reference books. Read something EVERY DAY before picking up electronics.

In September, we will be welcoming a new cohort of Grade 3 English students as well as three classes of Grade 2 French Immersion students and I look forward to meeting this new group of students under brighter circumstances.

On behalf of the staff, I would like to wish all our families a safe and relaxing summer.

- Mrs. Blanchard



WORDS OF <u>WITS</u>DOM Have a wonderful summer and remember to use your WITS!

Want to know more? https://witsprogram.ca/families/dealing-with-cyberbullying/

# **Mark Your Calendar!**

## <u>June</u>

Grade 5 "moving up" will look different again this year. The District has asked for us to acknowledge students within their class bubble and without the gathering of families. Stay tuned for more details

June 25th Last day for students \*\*no pizza this day June 28/29th End of year admin days

# Looking Ahead: September 2021

\*\*School Administrative Assistants return August 30-September 3\*\*\*

For school changes over the summer due to a move, you may email sarah.blanchard@nbed.nb.ca

6th—Labour Day 7th—First Day of Classes





Coming Wednesday, June 9th

# **Grade 5 Students are MOVING UP!**

Our Grade 5 students are moving up to Hampton Middle School! They will be very busy over the next few weeks with several events planned to help support the transition from HES to HMS. Some transition events this year include: a recorded Question and Answer session with HMS students, a live session and a video tour of HMS. Students with exceptional circumstances will be permitted to arrange a time to visit Hampton Middle with their Resource teacher.

The last week of school students in Grade 5 will have a hikes, picnics, swimming, walking field trips within Hampton and a classroom bubble Moving Up Ceremony.

HES will miss this group of students but we know they are especially prepared to take on new challenges as they begin the next leg of their journey after surviving a pandemic year! They have contributed so much to the school and have been a tremendous help in so many ways! I know they will take with them the skills and open-mindedness to ensure continued success. Best of luck to all of you and remember to keep working hard!



Learning is like building a sand castle. Once you have the right tools, you can build anything. You can be anything you want to be.

# School Continuous Improvement Plan

The School Improvement Plan for Hampton Elementary encompasses four main areas. Literacy, Numeracy, School Climate and Enhancing Communication with parents about the School Improvement Plan. The plan is posted on our website and is reviewed monthly by staff and members of the PSSC. There will be updates in the monthly news-letters within areas of the School Improvement Plan.

#### Learning about Literacy

Literacy Goal: To develop and improve instructional practices, assessment and intervention in Literacy

## Summer Reading

The research is clear that children who don't read during the summer can lose up to <u>three months</u> of reading progress and that loss has a cumulative, long-term effect.

http://www.readingrockets.org/calendar/summer

# The ABC's of Improved Reading

Access to books. It's critical that kids have access to a wide variety of books over the summer months, but we know that access along doesn't make a strong impact.

Books that match readers' ability levels and interests. For young people's reading skills to improve, they need to read books that align with their own reading levels. Reading books that are too easy or too hard won't help!

Comprehension, as monitored and guided by an adult, teacher or parent. The most important piece to making summer reading effective is the help of an adult who can ask questions and guide kids to better understand what they are reading.

With these three ingredients, your summer reading program will soar!

Other ideas include:

1. Check out the local library! You can register now for their 2016 Summer Reading Club at

http://www1.gnb.ca/0003/src=cle/2016/en/index-e.asp

2. Find new books! Yard sales and your local library are cheap and easy. Scholastic book orders are also a great option: http://www.scholastic.ca/clubs/images/0A16/P0A16\_N.pdf

3. Using technology for research rather than gaming! There are a number of great websites including: <u>https://newsela.com/</u> (news articles for students in grade 2-12) and

<u>http://www.ncte.org/awards/orbispictus</u> (award winning nonfiction books)

4. Find opportunities to write! Write a postcard from a trip you've taken or help you make your grocery list for the week. Writing in a journal about all the adventures they've had over the summer will also provide loads of writing ideas for the upcoming school year.

# Most importantly— HAVE FUN READING!



#### Numbers, Numbers, Everywhere

Numeracy Goal: To develop and improve instructional practices, assessment and intervention for Numeracy

#### June: Preventing Summer Learning Loss

Inactive summers can lead to significant learning loss in students. Help prevent summer learning loss by incorporating these fun math activities into your summer schedule.

- Pinpoint your child's academic weaknesses and set aside 15-30 minutes daily to work on these skills. If you are unsure what skills your child needs to practice, consult his/her teacher.
- Work on Sudoku puzzles (find them in the newspaper, online and in Sudoku work books from the Dollarstore). If your kids struggle with Sudoku, checkout Kidoku puzzles from Krazy Dad at https://krazydad.com/kidoku/
- Water Balloon Math: choose a target number (I recommend 4 or 5 target numbers) and write this on a poster or on the ground with sidewalk chalk, fill water balloons and carefully write addition/subtraction multiplication/division equations on the balloons. Then have your child toss the balloons at the appropriate target number. Ex. target number is 16, balloons with 20 4, 4x4, 8 + 8 could be thrown at the target.
- Shapes scavenger hunt: create a scavenger hunt for 2D shapes or 3D objects (or both!)
- Number line race: draw a number line with sidewalk chalk. Use a deck of cards, or a die. Each player starts at 0, then draws a card (or rolls the die) then adds that card to their spot on the number line (i.e. Player 1 on 0 and draws a 7, 0=7 means that player one will advance to 7 on the number line). The first player to land exactly on the end of the number line wins. This game is highly adaptable, the number line can be lengthened or shortened as needed; the number line from 76 to 94); you can also create subtraction cards to use with the number line and have students work back.
- Practice measurement in the garden: perimeter (around the bed); area (inside the garden bed); length or width of rows etc.
- There are many online math games and apps to practice basic addition subtraction, multiplication and division facts. Use these to make screen time more meaningful.
- Sing songs: multiplication songs, counting songs, addition songs, my personal favourite is the Polygon Song by Peter Weatherall and can be found on YouTube!
- Make a hula hoop clock and use it to solve time problems.

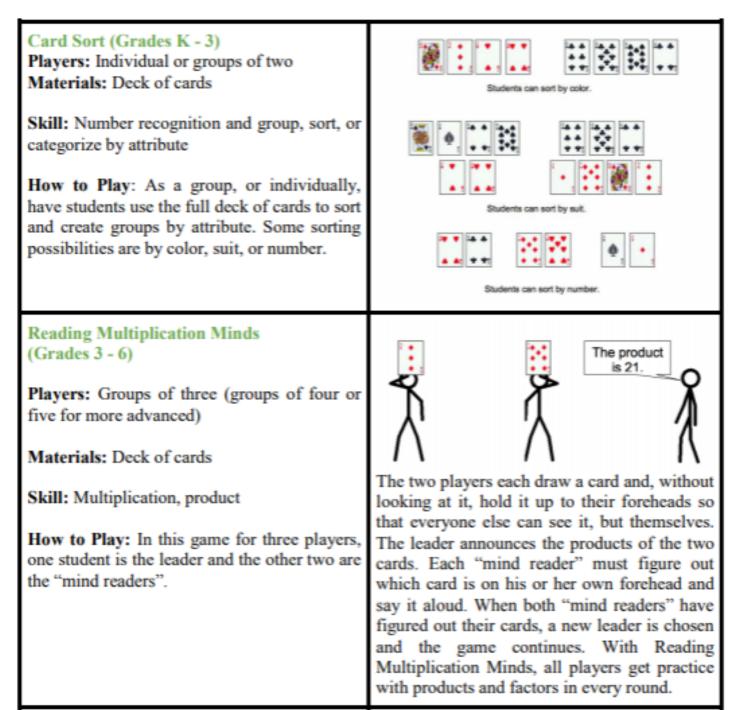
See my submission in the May newsletter about taking math outside for more ideas!

See page 9 for a great list of games you can play with a simple deck of cards everything from Advanced Addition Number battle to Reading Multiplication Minds!

# MATH ON THE GO! CARD GAMES TO DEVELOP MATH SKILLS FOR ALL AGES

Are you looking to help your child to develop his or her math skills at home in a meaningful and engaging way while spending quality family time together? Why not try some card games! Playing a card game can take as little as 5-10 minutes. Next time you find yourself trying to entertain your child while waiting at the dentist office or at a sports practice, why not bring along a deck of cards and play a couple of card games with your child. This is a great way to connect socially with your child while practicing math skills. As author Marilyn Burns says in her book, Win-Win Math Games, "Games help to lift math off the textbook pages, and they support students' learning about numbers and operations." (Retrieved on June 1, 2019 "Acing Math One Deck At A Time, The Positive Engagement Project"

http://www.pepnonprofit.org/uploads/2/7/7/2/2772238/acing\_math.pdf



# **PSSC—Parent School Support Committee**

Next Meeting: September 2021 As set out in the NB Education Act of 2001, a Parent School Support Committee (PSSC) is a school community group having an advisory relationship with the school principal.

Our last meeting was held on May 17th. At this meeting we looked over our regular school data: Attendance, Behaviour referrals and Academic success data. In addition to this news we also shared COVID updates.

We briefly review the Tell Them From Me survey data under the lens of knowing it is difficult to compare this data given the pandemic limitations in place for students and staff this year.

Our meeting wrapped up by looking at projections of classes for next year and also our projected enrollment which is just up slightly from previous years.

For review of previous meeting minutes, you can find them under the "For Parents" dropbox on our Hampton Elementary School website or follow the link here: <u>http://web1.nbed.nb.ca/sites/ASD-</u>

<u>S/1939/Pages/PSSC.aspx</u>

# Home and School Association

Fantastic news! We sold 597 bags of coffee! Yay! That is 105 more than the last time we did a Java Moose fundraiser.

And, Cathy Schofield's class is the winner of the popcorn party. Ninety four bags of coffee for that

class alone, with one student selling 54 bags. The class enjoyed their popcorn party thanks to Nicole Richard for her popping!

We raised over \$2000 in profit from this fundraiser. Great news for our outdoor education fund.

In the next couple weeks, we will be looking for volunteers to tidy the courtyard to make room for the new picnic tables and outdoor learning seating arrangements.

Be sure to like our Facebook page to stay up to date on everything that is going on with the home and school. <u>https://www.facebook.com/</u> <u>groups/465206760254176/</u>

Our Home and School Meeting Minutes can be found under Home and School on the HES school website: <u>http://web1.nbed.nb.ca/sites/ASD-</u> <u>S/1939/Pages/Home-and-School.aspx</u> Questions? Email

hes.homeandschool@gmail.com

Next Meeting: Thurs. June 10, 6:30PM in the Library



# <u>Jump Rope For Heart</u> Program



A HUGE thank you for all your support in the Jump Rope for Heart Campaign this year. We raised a tremendous amount of money for a great cause! Student prizes were distributed last week!

For more information please visit www.heartandstroke.ca



#### June Wellness Theme

# AVOID OVER-SCHEDULING DURING THE FINAL WEEKS OF SCHOOL

At the end of the school year, children can often become over-scheduled. They still have their regular after-school activities. They have school projects to complete and final tests. There are school plays, concerts, banquets, spring sports and other special events. Your child and your entire family can become stressed and even ill. Your child may not know when to cut back to maintain balance. You'll need to help.

A child who is over-scheduled:

- Is irritable or mopes around.
- Can't concentrate.
- Is restless at bedtime.
- Picks fights.
- Starts overeating.

• Complains of stomach-aches, headaches or mysterious illnesses.

# Education Support Services at HES

Ways to Prevent Summer Learning Loss- Part Two

#### Focus on Specific Skills

Pinpoint the subjects your child had the most trouble learning the previous school year, and make sure to fit in some practice in these areas. Summer is an *ideal* time to set aside just 15 to 30 minutes a day for helping your student on areas of difficulty. Again, use every resource available to you! Parents are not helpless when it comes to their child's education. Online resources and teacher supply stores offer a wide variety of learning materials, workbooks, computer games, and other types of games to reinforce and strengthen scholastic skills. Students may wish to play learning games with their friends to help make the time fly by and make learning more fun.

#### Encourage Creative Writing

Creative writing is a great way to improve your children's written language skills while giving them a fun and imaginative activity during the summer! Have your student write a creative paragraph each week. As a parent, you can help by assisting him or her with choosing a "topic" (such as a family vacation, special outing or holiday memory) to write a paragraph about. Students can also benefit from using a thesaurus and changing several common words to more interesting words. This will make their writing more interesting *while* learning great new words at the same time.

#### Improve Reading Comprehension

To help your children better understand what they're reading, consider offering them a reading comprehension workbook to work on several minutes daily. These can be found at teacher supply stores or many online outlets. Students of all grades and ability levels can benefit scholastically by working with material that offers self-quizzes and high-interest stories. This practice helps develop their factretaining and inference-making skills.

> Submitted by: Mrs. Stewart Julie. stewart@nbed.nb.ca Resource Teacher at HES

# HES Family Feedback Survey:

donated to a local charity the first week of July.

Each year we try to reach out to families to gain insight into how things went and how we can improve our service to you and your children. Please take a few moments to complete this survey before the end of the year!

# <u>Moving In? Moving Out?</u>

If you are planning a move to another school before next September, or know of someone

september, or know of someone moving into our school area for the 2021-2022 school year, please notify the office right away. This greatly assists us in our enrolment planning for the coming school year. If you hear of any changes over the summer months, you may email



sarah.blanchard@nbed.nb.ca and I would be happy to complete the transfer or enrollment process.

# <u>New Family Parent Info Night</u>

HES will be hosting a virtual Family Information night in August. This is for any families/students who will be new to HES in September for the 2021-2022 school year. An invitation will be sent to families in August when information rolls over from DATL to HES.

## **Medication**

If you have medication at school for your child at school please stop in before the end of June to take it home for the summer. In September, forms will need to



be filled out again to have medication administered at school. Thanks for your assistance.

# <u>Checking at Home</u>

Please make a special effort to check at home for any text books, library books, school supplies or equipment. If you find anything hiding under the bed or behind the door that belongs to Hampton Elementary, please return it to school so that we may complete our year-end inventory.

## Lost and Found

Please remember to check out our Lost and Found items before leaving at the end of June. Any unclaimed items will be



# Patiently waiting for ...ducklings

We continue to monitor our mother duck who has been nesting for most of the month of May and now into June. We know it won't be long before her duck-



lings are here and we will be called to task to escort the ducklings through the school and out to the marsh. Our school has a plan in place for class bubbles to remain together and mask sworn to create the human chain to "waddle" the ducklings out of our courtyard.

## And chickens...



Mrs. Kennedy's class has been caring for 26 chicken eggs, turning them 3 times a day and keeping them warm in a class incubator. We can't wait to see them hatch!

## <u>And frogs...</u>

Mrs. Kennedy's class has tadpoles growing and the courtyard has two very large frogs/toads almost ready to be released back to the marsh. It was wonderful being



scientists observing the changes in these animals and learning about their habitats!

## <u>Marigolds</u>

HES Students are planting Marigolds again this year. We will also be planting veggies in our Veggie Trugs in the courtyard.



# Guidance Corner

Dear HES families,

It is hard to believe that we are already in the month of June. What a year it has been!

During the first week of May, HES celebrated the Canadian Mental Health Association's (CMHA) Mental Health Week. Lessons during this week were tailored towards promoting mental health, while emphasizing the importance of naming, healthily expressing, and effectively coping with our emotions.

Grade 2 guidance lessons with Mrs. Veniot continued to explore growth mindset, by exploring perspective taking, which is the ability to look beyond our own point of view, so that we can consider how someone else may think or feel.

Mrs. Johnson continued to teach the **Kids in the Know** education program to grades 3-5 during the month of May. This program aims to teach personal safety strategies. The program empowers children to stay safe by learning how to protect themselves from abduction and sexual exploitation. Students are developing skills to help keep themselves safe from victimization and to make appropriate decisions when faced with a dangerous situation.

I will be starting my maternity leave on Monday, May 31<sup>st</sup>. Kate Johnson will be taking over my guidance role and responsibilities until the end of June 2021. If you have any questions or concerns during the final weeks of school, please direct them to her. I have included her contact information below.

Kate Johnson:

Email: kate.johnson@nbed.nb.ca

Phone Number : 506-832-6021

I wish you all a wonderful summer holiday.

Cynthia Veniot Guidance Counsellor cynthia.veniot@nbed.nb.ca 506-832-6021

# A Note from the Music Room...



As the school year comes to an end, I hope all my students will continue to surround themselves with the music around them.

Grade 2's and 3's will be using their critical

thinking and problem-solving strategies to respond to music. Students will be describing the different elements in music within the songs they sing as well as the rhythms they create.

Grade 4's will be finishing the songs that they created using traditional notation. They will also be focusing on the rhythm and melody while playing the song on a xylophone. Students will also be working on refining their singing voices while in a large group ensemble.

Grade 5's will be refining their knowledge of music elements. Students will be using their critical thinking and problem-solving strategies to differentiate amongst the different elements.

As always, you can reach out with any questions or concerns.

Ms. LeBlanc lisa.leblanc@nbed.nb.ca





# Physical Education June Newsletter



# Let's Talk Ability

May 30<sup>th</sup> to June 5<sup>th</sup> is Disability Awareness Week. This is a national campaign designed to promote more efficient community access for people with disabilities. Hampton Elementary School will be taking part in a Walk and Roll **Event** to promote this movement.

# **Track & Field**

The Grade 3's, 4's, and 5's will be participating in a school-based Track & Field Event this month. Students will compete during their PE class time in 100-meter dash, long jump and discus throw. The top students in each grade will receive a ribbon.

We will be taking PE to the field this month to work on our throwing and catching frisbee skills through a variety of games and activities. We will also be testing out our movement skills through obstacle courses and finishing up our soccer baseball unit.

#### Grade 2:

I can move over/under, around/through and alongside I can run and jump or leap. equipment of different heights.

I can move in various ways on and off equipment. I can jump off and on different objects.

I can leap over different objects.

I can climb one and a half meters off the ground. I can hit an object with two hands using a paddle. I can pace myself for 2 minutes.

#### Grade 4:

I can experiment with activity specific equipment (Focus: Striking/Fielding).

I can connect together two skills in a variety of activity specific contexts (Focus: Striking/Fielding). I can select the right time to stay on base. I can relay an object to a teammate to get an opponent out. I can review the number of times that I am active to reach my fitness goals.

# Grade 3:

"I Can Statements" for June

I can run and throw an object overhand.

I can regularly hit or throw an object into space to get on base.

I can examine factors that affect participation and activity choices.

I can move at a slow, medium or fast pace depending on the activity.

#### Grade 5:

I can use appropriate skills with activity specific equipment (Focus: Striking/Fielding).

I can use a combination of skills in a variety of activity specific contexts fluidly. (Focus:

Striking/Fielding).

I can position myself to receive an object.

I can display the factors that increase my participation and activity choices.