## ZUMBATOMIC WITH ANGELINA CYR

Zumbatomic classes are rockin', high-energy, fun filled fitness designed exclusively for kids. Classes are packed with specialized, kid friendly choreography, to both popular music and worldwide rhythms. Parents log Zumbatomic because of the effects it has on their children. It can increase their focus and self-confidence boost metabolism and enhance coordination. No dance experience needed, emphasis is on <u>fun</u>!!

Who: Kids aged 5-10 yrs old

When: 6 Week Session starting Monday, June 24th - Monday, August 5th

Time: 6pm-7pm

Where: Quispamsis Elementary School gym-290 Hampton Rd. Quispamsis

Cost: 50\$

## REGISTRATION REQUIRED

Contact: Angelina Cyr

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