

May Newsletter

May 2022

Fairvale Elementary School

Vision: FES students will be passionate life-long learners who contribute as responsible leaders in a global community.

Student Code of Conduct

As a student of F.E.S.,
I will be

- respectful,
- responsible,
- safe
- ready to learn

By living the 7 Habits



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Mindset Matters

Ends Policy #2

Teachers will focus on learner-centered strategies that promote engagement, active processing, the construction of subject-specific knowledge (assessment for learning process, personalized learning, student choice)

Fostering Empathy in our Children

Teaching empathy? That might sound strange if you think of empathy as an innate, fixed trait — a talent that some people are born with, and others lack. But empathy isn't an all-or-nothing proposition. It isn't something that unfolds automatically, in every situation. Empathy means that a child:

- Understands that she is a distinct person from those around her and that other people may have different feelings and perspective than her own.
- Can recognize feelings in herself and others and name them.
- Can regulate her own emotional responses.
- Can put herself in someone else's shoes and imagine how someone might feel.
- Can imagine what kind of action or response might help a person feel better.



For more information on empathy in children, please read this article from Psychology Today <https://www.psychologytoday.com/ca/blog/smart-parenting-smarter-kids/201905/how-children-develop-empathy>

A Note from the Music Room

Kindergarten are learning songs for spring and animals to reinforce concepts like beat, high/low, fast/slow, long/short.

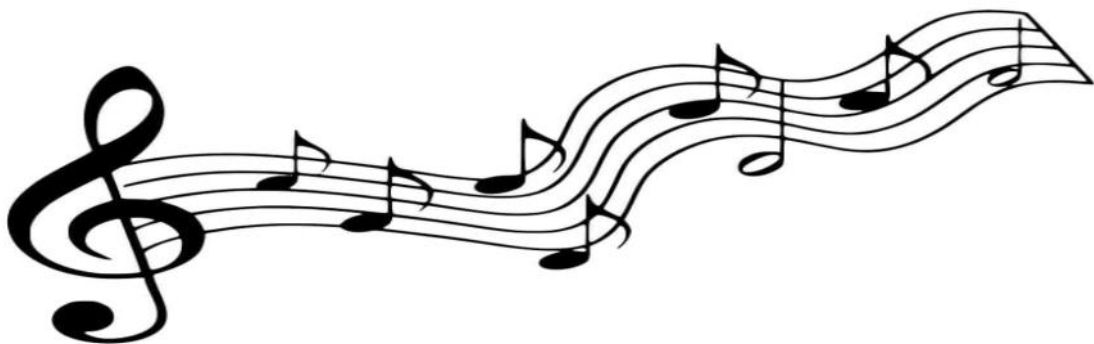
Grade 1 are focusing on rhythms (ta, titi, and rest) as we sing and move to various songs.

Grade 2 are going to continue learning about the 4 instrument families through the musical story of Peter and the Wolf.

Grade 3 will be learning and singing songs from the 50's starting with La Bamba.

Grade 4 are continuing a unit on Disney Music to learn to follow written music, and look at various styles and mood that music creates in movies, as well as practicing note reading with our Boom whacker instruments.

Grade 5 are continuing a unit rhythm using pop songs and cups, as well as ending with composing their own cup rhythm pattern



What's Happening In the Gym?

K-1 OUTCOMES for the month:

Students are expected to: DOING:

Students will be expected to send and receive objects individually and with a partner.

Students will be expected to perform locomotor and non locomotor skills. They will be running, jumping and throwing.

Knowing: Students will be able to explain how to land safely when jumping.

Students will know the importance of following rules during physical activities.

Valuing: Students will be able to help others and show skills that they have learned.

Lessons:

Students will be learning how to skip (jump rope) this month. We will be teaching them step by step how to succeed at getting over the rope. Students will also learn how to dribble and pass a soccer ball.

We will also be starting our Run, Jump and Throw unit, which is basically the elementary school version of Track and Field. We focus on proper running form, throwing and long jumping.

2 OUTCOMES

Students are expected to:

DOING: Students will be expected to show different ways to send and receive objects. 2. Students will be expected to demonstrate running, jumping and throwing in a variety of ways.

Knowing: Students will be expected to explain the principle of absorbing force (through stopping, starting, receiving, jumping, etc)

Valuing: Students will be able to explain why it is important to listen to directions and to stay on task.

Lessons:

We will be focusing on skipping for a few lessons. We will briefly review basic jumps and then focus on practicing and learning some new tricks with the skipping ropes. We will also spend some time long rope skipping. Students will also learn how to dribble and pass a soccer ball.

We will also be starting our Run, Jump Throw unit. This is a program that teaches elementary level students about Track and Field.

3-5 Outcomes

Students are expected to:

DOING: Students will be expected to demonstrate ways to send and receive an object with accuracy, individually and with a partner.

Students will be expected to combine locomotor and non locomotor skills into complex movement sequences. For example: Running long jump – run, take off and landing.

Knowing: Students will know how to describe that activity affects body systems and levels of fitness (endurance, strength, flexibility).

Valuing: Students will be expected to willingly participate in a variety of activities.

- Weather permitting, All PE classes will be outside once a week for walking the FES trails, playing on Dreamland and/or playing hide & seek in the woods.



From the Guidance Office

A big shout out to **Domino's Pizza in Quispamsis** for generously donating pizzas to Mr. McRae's Grade 5 class whose students sported the most pink attire on **Pink Shirt Day 2022**. The students enjoyed a delicious pizza party and movie.



We would also like to thank our terrific WITS Community Liaison, **Corporal Kelley McIntyre**, from the **Kennebecasis Regional Police Force** for organizing a Pink Shirt Day coloring contest. I'm told that it was a very difficult job judging the many wonderful entries. Thank you to all the students who took the time to enter.

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