

THOSE FIRST SCHOOL DAYS



FAIRVALE ELEMENTARY SCHOOL

June 2018 Parent Meeting

Fairvale

F- Flash the Falcon is our fabulous mascot

A- Amazing Dreamland

I- Intramural Fun

R- Running Club for grade 3-5 students

V- Valuable, dedicated Green Team

A- Awesome student led clubs

L- Living The 7 Habits of Happy Kids

E- Enthusiastic buddy programs

Kindergarten Teachers 2017-2018



Mrs. Curtis



Mrs. Kilpatrick



Mrs. Veale



Mrs. Reevey

Fairvale Elementary School

Code of Conduct

By living the 7 Habits we, as students, of F.E.S. will be:

Respectful

At FES, we are respectful to ourselves, others and our environment. We are respectful of the ideas and feelings of others.

Responsible

At FES, we are responsible for our actions, choices and words.

Safe

At FES, we always work and play in a safe way so that no one in our school community is hurt.

Ready to Learn

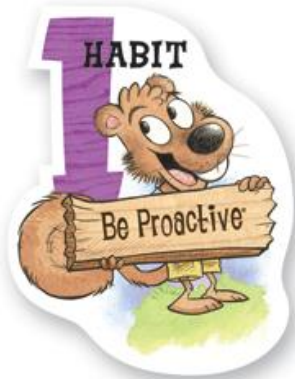
At FES, we are prepared to work and learn to the best of our ability.

Vision:

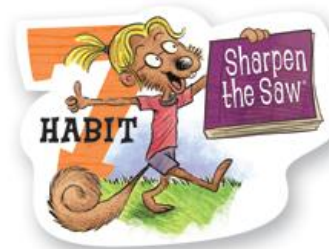
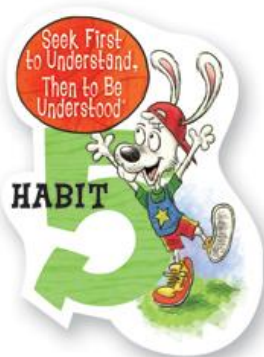
FES students will be passionate life-long learners who contribute as responsible leaders in a global community.

Mission:

The FES community is dedicated to providing opportunities through best educational practices, for children to develop academically, socially, physically, and emotionally, reaching their fullest potential.



7 Habits of Happy Kids



7 Habits of Happy Kids

Habit1: Be Proactive® • You're in Charge

Habit2: Begin With the End in Mind® • Have a Plan

Habit3: Put First Things First® • Work First, Then Play

Habit4: Think Win-Win® • Everyone Can Win





Habit5: Seek First to Understand, Then to Be Understood® • Listen Before You Talk

Habit6: Synergize® • Together Is Better

Habit7: Sharpen the Saw® • Balance Feels Best

Zones of Regulation

We use the Zones of Regulation program to support students in developing increased self-regulation skills. When students are dis-regulated they are not in a state conducive to learning. The program is designed to help students identify what "zone" they are in, and to develop strategies to "Get Back to Green".

The ZONES of Regulation®			
			
BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Terrified Yelling/Hitting Out of Control

Use Your WITS!



BEFORE SCHOOL BEGINS

PROVIDE PROOF and DATA

If you have not already done so, please provide the school secretary with:

- Proof of your child's age
- Proof of immunization

Please ensure that we have your correct telephone numbers and email addresses for our student database, so that we may contact you through our Synrevoice System.

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ESTABLISH HOME ROUTINES

- Bedtimes – children at the kindergarten level need 10 to 12 hours of sleep, and studies indicate that learning does not take place when children are fatigued.
- Morning – children of all ages need to come to school without the added stress of a hurried morning.
- Packing lunches and book-bags together, picking out clothes, or deciding on food (ex. kind of cereal) for breakfast, all the night before, gives some positive family time.

Children with less stress learn better!

DEVELOPING INDEPENDENT SELF CARE SKILLS

- Getting dressed independently.
- Carrying his/her own backpack and lunch bag.
- Reciting his/her first and last name, parents' names, siblings' names, address and telephone number.
- Remembering his/her bus number and bus stop.
- Using the **bathrooms** properly and with respect (including urinals (remember: self-wiping is essential)).

Back To School Open House / Barbeque Wednesday, August 29th

Classroom Visits: 5:45-6:30

BBQ from 6:30-7:15

Benefits to “Back to School” event being held prior to the opening of school include:

- Bring in your child’s school supplies** including indoor shoes
- Allows the children an opportunity to meet their teacher for the first time with their parents by their side.
- Provides an opportunity for families / parents to see the classroom.
- Student information forms will be distributed with the expectation that they will be returned the first day of school.

STAGGERED ENTRY FALL 2018

Tuesday, September 4th
Wednesday, September 5th

Before sending your child to school for his/her day of entry, spend some time talking about the adventures in learning and the excitement of this new part of his/her life. The teachers will do everything possible to make this time special for your child.

Parents are welcome to bring their child into the gym on the first morning to meet their teacher.

On the first full day of school (Thursday September 6th) teachers will meet students on the playground.

STAGGERED ENTRY FALL 2018

If you worry that your child will have difficulty separating from you (crying or holding on), reassure your child that you will be waiting for him/her to finish his/her work and are looking forward to sharing those first activities when you pick him/her up at the bus stop or at the babysitter's at the end of your day.

After many years and numerous first-time experiences, we have found that when parents linger and “try to make him/her feel better”, the separation anxiety is only prolonged.

Remember that there are only a few children with the teacher on each day, that your child is in good hands, and that this is a perfect way to learn new routines safely!

WE REQUEST THAT CHILDREN RETURN HOME BY BUS, EVEN ON THIS DAY OF STAGGERED ENTRY

This is a unique opportunity to establish this most important routine safely in small numbers!

For the first few days, and for up to a month, depending on the children's needs, your child's teacher or another staff member always will be with the class, both inside the building and outside on the playground. As students become more comfortable, they will gradually make the transition to independence, although they will always be under the supervision of staff.

WHAT TO DO BEFORE SEPTEMBER

- Check your letter for the date of your child's staggered entry. (Will be mailed to you prior to the end of June)
- Have child's name clearly marked on the inside of your child's backpack.
- Attach a luggage tag to the outside of your child's bag, stating his/her bus number and stop.

Take pictures of your child's first day of school!

WHAT TO EXPECT

- Teachers will meet children in the gymnasium. If your child is to travel by bus to school on his staggered entry day, just let us know and we will have a Grade 5 student leader to assist, and take him/her to the gym. (Remember that we have pictures of each child on file)

WHAT TO BRING ON THE FIRST DAY

- Backpack (with bus number)
- Indoor shoes, ear buds, 1 box of tissues, lunch bag, backpack (all inclusive student fee)

We recommend that toys and other valuable items remain at home.

NUTRITION

Children need to be able to refuel throughout the day to maintain energy and focus on learning, and that's where snacking comes in.

Your child will need:

- Mid morning snack: A piece of fruit or veggies for mid morning (9:15)
- a snack following morning recess (10:30) (a piece of fruit, crackers and cheese , yogurt, granola bar)
- a substantial lunch

Breakfast Matters

(District Nutritionist)

Choose foods from at least 3 food groups
from Canada's Food Guide

Examples:

- Healthy cereal, milk, banana
- Yogurt, bran muffin, apple
- Non-traditional (left-over pizza)

Creating Healthy Lunches

- Include 3-4 food groups
- Look beyond the sandwich
- Some variety is good, but endless variety is not necessary
- Make your own “lunchable” (Healthier & less expensive!)
- Check out our Healthy Lunch program

More Lunch Suggestions

- Because we have children in our school population who suffer from severe food allergies, we have a nut free policy. Do not send food items containing nuts in your child's lunch.
- You might consider having a few picnics throughout the summer with that new lunch bag, to give your child an opportunity to practice opening containers.

FORMS TO FILL OUT AT THE COMMENCEMENT OF THE SCHOOL YEAR

- Double sided “Student Information Form”
- Emergency information form (please **keep us informed of any changes throughout the year**)

THE GANG'S ALL HERE!

Thursday, September 6th, 2018

- BUS:

If you are uneasy about your child's first morning bus experience, go to the stop with him/her, see him/her onto the bus, then drive to school to watch him/her get off. You might do the same thing at the end of the day, if you choose. Warning – parking is at a premium!

- PLAYGROUND:

Kindergarten teachers will have created a plan outlining their meeting place on Dreamland.

- ENTRY:

When all children in the class have arrived and found their teacher, s/he will lead them to their classroom.

- PLAYGROUND:

Students are supervised at all times by teachers and other staff members.

“JUST IN CASE CLOTHES”

- Please send, in a plastic bag with your child’s name on it, “just-in-case” clothes, including underwear, socks, shirt, and pants.

END OF DAY ROUTINE

- If you plan to pick up your child at the end of the day, we ask you to wait at the gate. This reduces disruptions to the end of day routines and eliminates the need for you to sign in. All teachers walk their students out at the end of the day.
- If your child needs to go on a different bus for childcare, you must complete a “**Request for Student Conveyance To An Alternative Location**” form. The form can be picked up at the office or downloaded from the Anglophone South website. The form needs to be completed at least 24 hours before the change is required. If your child is being picked up at school by someone (friend, neighbour) for any reason, including a playdate, a note must be written to the classroom teacher.



REQUEST FOR STUDENT CONVEYANCE TO AN ALTERNATIVE LOCATION

Parent/Guardians may request to have their child(ren) delivered to an alternative address. Students **MAY** be permitted to travel to an alternative address subject to the following conditions:

- If the service requested occurs on a consistent basis (i.e. delivery every Monday)
- If the request can be accommodated on an existing route and stop
- If the bus can accommodate extra passengers.

PLEASE NOTE: this is a courtesy and services may be withdrawn if conditions change such as route or load levels.

Student's Name (Please PRINT information)		Date
Student's Home Address		
School		Grade
Parent/Guardian(s) Name(s)		
Phone Number(s)		
ALTERNATIVE CONVEYANCE REQUEST		
Student's Complete Alternative Address	Civic #: _____ Street Name/Route: _____ Municipality: _____, NB Postal Code: _____	
Contact's Name		Phone Number
Dates: Required/ Frequency		<input type="checkbox"/> Pick Up <input type="checkbox"/> Drop Off <input type="checkbox"/> Both
Comments:		

BUS NUMBER	STOP LOCATION	TIME

Parent's Signature _____ Date: _____

Principal's/Designate's Signature _____ Date: _____

DISTRICT OFFICE USE ONLY _____ DISTRICT OFFICE USE ONLY

Approved Denied

Copies: District Office/Transportation/Driver School/Principal Parent

revised May '10

- An adult needs to be waiting at the bus stop to meet your child at the end of the day.
- If you are driving – please park by the playground fence and meet your child at the gate closest to the playground. For the first few weeks, the children are escorted there by an adult, who will wait with them there until you pick them up. Try to be on time, as little ones get anxious!
- Walkers are met by the crossing guard and proceed with her until safely across the street.

THE REGULAR SCHOOL ROUTINE

7:40 – 8:05	Buses arrive and children go to the playground
8:05	Bell rings and children enter school
8:10	O Canada and announcements
8:15	Learning activities*
10:15-10:30	Recess
10:30	Morning snack in the classrooms
10:45	Learning activities*
12:15-12:45	Outdoor play
12:45	Lunch in the classroom
1:05	Learning activities*
1:35	Primary instruction ends
1:40	Buses depart

*The kindergarten curriculum is available to all parents on the Department of Education website. (Just follow the links from www.gnb.ca)

VOLUNTEERS

- Volunteers provide an opportunity for community members to participate in the life of a school. At FES volunteers are always needed in our library, to support our hot lunch program, to deliver fluoride to classrooms, and other worthwhile initiatives. In addition, teachers may plan special activities that require extra hands to help or extra supervisors.
- There is an Anglophone South policy governing the involvement of volunteers in our schools. All volunteers need to complete the “Volunteer Screening Declaration Form”. Those who may have unsupervised access to students are screened and trained in Policy 701 (Protection of Pupils in the Public School System from Misconduct by Adults) and must provide a criminal record check.

OTHER GENERAL INFORMATION

- Dress for the Weather

Children at FES enjoy daily outdoor activities, even when the weather is not perfect.

- Milk Program

Milk is offered in 25 day cycles.

- Healthy Lunch Program

Healthy lunch is currently available five days a week . The current items are pizza, hamburgers, chicken wraps, chicken caesar salad, chicken poppers and a breadstick, lasagna, and taquitas. Items may change throughout the year. Items offered conform to the Provincial Nutrition Policy.

- Absences or Late Arrival

When your child is not feeling well, you should keep him at home. If your child will be late or absent, please call the Safe Arrival line at **847-2087**. **You may call this number any time of the day.**

- During instructional hours, all doors remain locked with a buzz in system in place in the main lobby doors.
- If your child is arriving **late (after 8:05 a.m)**, please assist him/her to **sign in**, using the binder on the table in the front lobby.
- If you are picking your child up early from school, please **sign him/her out**. Then, come into our office and we will have your child meet you in the lobby.

If you have any questions or need clarification,
please do not hesitate to contact us.

School Phone Number- 847-6206

Email Bonnie.Hierlihy@nbed.nb.ca