

Fairvale Elementary School

Family Handbook

<http://fairvale-elementary.nbed.nb.ca>

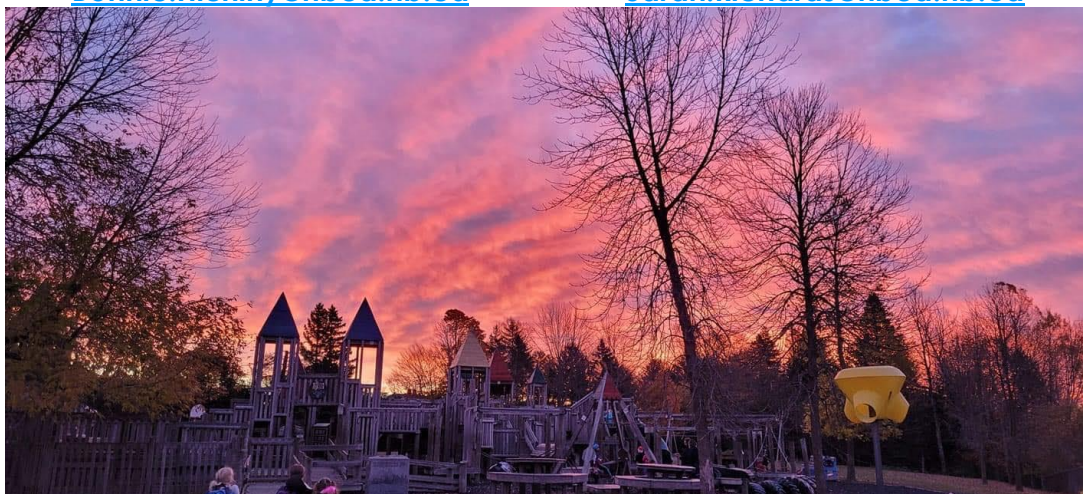


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Handbook 2022-2023

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WELCOME FROM ADMINISTRATION

Fairvale Elementary is an excellent school with a wonderfully connected group of students, parents, and staff. Together we all work towards making our school a great place to learn and be involved. We share in the responsibility of creating a welcoming and well-organized school that promotes high academic achievement, respectful behaviour, healthy living, and responsibility for our environment.

We continue to foster social emotional learning through our work with 7 Habits of Happy Kids, WITS, Zones of Regulation, and more recently the development of growth mindsets. Living the 7 Habits encourages our students to be responsible for themselves and to become strong citizens. The Zones is a systematic, cognitive behavior approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete zones. The Zones curriculum provides strategies to teach students to become more aware of, and independent in controlling their emotions and impulses, managing their sensory needs, and improving their ability to problem solve conflicts. WITS is a program used to teach children to make safe and positive choices when faced with peer conflict. The WITS acronym is Walk away, Ignore, Talk it out, and Seek help.

Social-emotional learning (SEL) focuses on the development of social-emotional skills that are essential for working with others, building resiliency, understanding, and managing emotions, and setting and achieving goals. A growth mindset is especially valuable when working on social emotional learning. At FES, we continue to develop our students' growth mindset. We turn setbacks into opportunities and view mistakes as ways to help us grow.

As you travel through our building and our playground you will hear children using the language of growth mindset and WITS. You will see many visual representations that support the work that we are doing. We feel very fortunate to be working with wonderful students who are interested in giving the best of themselves today, learning from setbacks, and creating a better world for tomorrow.

We trust you will take part in your children's education by inquiring about their time spent at school. Ask about their friends and teachers. Get involved as they complete their homework or seek to help on special projects. We are confident that your children will demonstrate greater motivation as you continue to show interest in their academic and social experiences.

FAIRVALE ELEMENTARY SCHOOL STAFF 2022-2023

Mrs. Bonnie Hierlihy, Principal Ms. Sarah Richards, Vice Principal

Kindergarten

- Ms. Reghan Barry
- Mrs. Ashley Creamer
- Mrs. Christine Reevey/Mrs. Mary Ellen Veale

Grade One

- Mme. Laura Batt (FI)
- Mme. Francine Martell (FI)
- Mrs. Whitney McLellan (Sept.-Dec.) & Mrs. Diana Dawes (Jan.-June)
- Ms. Daphne Tai

Grade Two

- Mme. Rebecca Gamble (FI)
- Mrs. Judy Kilpatrick
- Mme. Nadine Martin (FI)
- Mrs. Jamie Woods

Grade Three

- Mme. Morgan Chopin (FI)
- Mrs. Megan Lister
- Mme. Maggie Porter (FI)
- Mrs. Laurie Shillington

Grade Four

- Ms. Jess Elias
- Mr. Andre Robichaud (FI)

Grade Four/Five

- Mme. Connie Culligan (FI)
- Mme. Katherine Johnson

Grade Five

- Mr. Tim McRae (FI)
- Mrs. Angela Sanford

Guidance

- Mrs. Kerry Casey (M,T,W)
- Mrs. Sara Tokach (Th, F)

Music

- Mrs. Jennifer Russell

Physical Education

- Mr. Pierre Melanson
- Mrs. Clancy Parlee

Education Support Teacher-Resource

- Mrs. Shanell Moulard
- Ms. Sarah Richards
- Mrs. Sara Tokach

STEAM

- Mrs. Clancy Parlee

EAL

- Mr. Charles Santos

Educational Assistants

- Mrs. Anna Buckley
- Mrs. Emily Allaby
- Mrs. Pamela Bourque
- Ms. Joy Clowater
- Mrs. Cathleen Cromwell
- Ms. Jennifer Erb
- Ms. Tammy Flowers
- Mrs. Annette Grant
- Ms. Robyn Lavigne
- Mr. Bill Leek
- Mrs. Josie Macauley
- Mrs. Tara Maxfield-McCabe
- Mrs. Amy McCombe
- Mrs. Christa Robertson
- Mrs. Karen Roscoe

Custodians

- Mr. John Delay
- Ms. Barb Lockhart
- Mr. Paul McCready
- Mr. A.J. Savoie

Administrative Assistant

- Ms. Karen Goddard



ANGLOPHONE SOUTH SCHOOL DISTRICT
SCHOOL CALENDAR – 2022-2023
 June 2022

MONTH	DATES	EVENTS
September	5	Labour Day – Statutory Holiday – NO CLASSES
	6	First Day for Grades 1-5
	6	Transition Day - First Day for Grade 6 and Grade 9 (Schools with combined levels [Elementary/Middle, Middle/High, K-12] will communicate their transition plan)
	6/7	Transition Days - First Day for Kindergarten (half of students attend on either day. Schools will communicate plan)
	7	First Day for Grades 7-8; 10-12
October	10	Thanksgiving Day – Statutory Holiday – NO CLASSES
	11-14	Registration for Students Entering Kindergarten in 2023-2024
November	11	Remembrance Day – Statutory Holiday – NO CLASSES
	14	Report Cards Issued Grades 9-12
	18	NO CLASSES for students K-8 - Professional Learning/Report Card Preparation
	18	NO CLASSES for students 9-12 - Parent/Teacher Interviews
December	1	Report Cards Issued Grades K-8
	2	NO CLASSES for students K-12 - School Improvement Planning
	9	NO CLASSES for students K-8 - Parent/Teacher Interviews
	9	NO CLASSES for students 9-12 - Professional Learning Day
	23	Last Day of Classes (HALF DAY)
	26-30	Holidays – NO CLASSES
January	2-6	Holidays – NO CLASSES
	9	First Day for Students
	23-27	Assessment/Demonstration of Learning/Course Recovery Week - High School Only
	30-31	NO CLASSES for high school students - Turnaround Days
February	1	Semester 2 Begins and Report Cards Issued - High School Only
	20	Family Day – Statutory Holiday – NO CLASSES
March	6-10	March Break – NO CLASSES
	24	NO CLASSES for students K-8 - Professional Learning
April	6	Report Cards Issued K-12
	7	Good Friday – Statutory Holiday – NO CLASSES
	10	Easter Monday – Statutory Holiday – NO CLASSES
	14	NO CLASSES K-12 Full Day – Parent/Teacher Interviews
May	5	NO CLASSES for students - NBTA Council Day – Provincial
	8	NO CLASSES for students - NBTA Branch Meeting Day
	22	Victoria Day – Statutory Holiday – NO CLASSES
June	12-16	Assessment/Demonstration of Learning Week - High School Only
	12-23	Learning Outcomes Course Recovery Week - High School Only
	23	Last Day for Students – Final Report Card Day (K-12)

VISION

- FES Students we will be passionate life-long learners who contribute as responsible leaders in a global community.
- Les élèves de FES seront des apprenants passionnés à vie qui contribueront comme leaders responsables dans une communauté mondiale.

MISSION

- The FES community is dedicated to providing opportunities through best educational practices, for children to develop academically, socially, physically, and emotionally, reaching their fullest potential.
- Les membres de la communauté de FES visent à offrir des occasions à l'aide des meilleures pratiques pédagogiques pour que les enfants puissent se développer académiquement, socialement, physiquement, et émotionnellement tout en atteignant leur plein potentiel.

FAIRVALE ELEMENTARY SCHOOL IMPROVEMENT PLAN

Ends Policy #1

- To increase the engagement of children by embedding global competencies into teaching and learning.
- Critical Thinking & Problem Solving
- Innovation, Creativity, and Entrepreneurship
- Self Awareness & Learning To Learn
- Collaboration
- Communication
- Sustainability and Global Citizenship

Goal Area #1 Instructional Strategies

- Teachers will gain an understanding of what self-awareness is and how to develop it in young children. We will examine the pillars of growth mindset including optimism, flexibility, resilience, persistence, and empathy.

Ends Policy #2

Teachers will focus on learner-centred strategies that promote engagement, active processing, the construction of subject-specific knowledge (assessment for learning process, personalized learning, student choice)

Goal Area #1 Instructional Strategies

- Students will articulate, play a role in setting, and are working toward their learning targets.

Ends Policy #3

Teachers will review the Science of Reading research to support the shift from a balanced literacy approach to a highly structured literacy approach with explicit and systematic teaching of phonological awareness, phonics, vocabulary, and reading comprehension.

TYPICAL SCHOOL DAY

7:40 – 8:05	Buses arrive and children go to the playground
8:05	Bell rings and children enter school
8:10	O Canada and announcements
8:15	Learning activities*
10:15-10:30	Recess
10:30	Morning snack in the classrooms
10:45	Learning activities*
12:15-12:45	Outdoor play
12:45	Lunch in the classroom
1:05	Learning activities*
1:35	End of Primary day
1:40	Buses depart (K-2)
2:35	End of Upper Elementary day
2:40	Buses depart (3-5)

ACADEMIC PROGRAMS/ CURRICULUM

Kindergarten – Grade 2: approximately 80% of time is scheduled for Literacy and Numeracy, with 20% of time embedded into the 80% for Exploration Time. Exploration Time is a time to develop Global Competencies, explore the world around them through purposeful play, and for developing friendships.

Grades 3 - 5: approximately 60% of instructional time is scheduled for Literacy and Numeracy instruction and 20% of the day for Cross-Curricular learning. Learning in the Cross-Curricular block connects to and provides opportunities for students to apply literacy and numeracy in the inquiry process.

For K – 5: Approximately 20% of learning time is dedicated to Social, Emotional and Physical Well-being. Art, Music, Personal Wellness (mindfulness, calming strategies, safety) and Physical Education.

For specific curriculum documents, please visit:

https://www2.gnb.ca/content/gnb/en/departments/education/k12/content/anglophone_sector/curriculum_anglophone.html#1

If you have any questions or concerns regarding the academic expectations of your child, please communicate with your child's teacher(s).

ASSESSMENT, PROGRESS REPORTS, PARENT TEACHER CONFERENCES

To assess student learning, teachers use a process known as triangulation. This means that evidence is collected from three different sources- conversations, observations, and products. Conversations involves talking to students about their learning whereas observations take place during class time. While students are involved in individual, pair or group work, the teacher circulates and observes student learning. Observations can be documented using a check list or anecdotal notes and saved in their file or pensive. Products refer to the tangible materials, such as tests, tasks, or projects, used to assess student learning. These products are used to demonstrate what the student is capable of doing after going through the learning process. Assessment plays an essential role in student learning and through triangulation of data students demonstrate their learning and educators gain an accurate portrayal of student progress. When you think about assessment outside of school, observation plays a huge role. Whether it is learning to play an instrument, improving your golf swing, or hockey skills, direct observation and video analysis is key to subsequent improvement in performance. Conversations with families regarding learning occur regularly with report cards being issued three times yearly. Families have the option of in person or virtual meetings with teachers after first and second reporting period.

ATTENDANCE, PUNCTUALITY, SAFE ARRIVAL

Attendance has a huge impact on a student's social and academic success starting in kindergarten and continuing through high school. Absenteeism and tardiness are linked to lower academic achievement.

Families play a key role in making sure children get to school safely and on time every day. We monitor attendance carefully and will be reaching out to you if we notice irregular attendance. Please ensure your children are at school by **8:05am each morning**. A student, who is tardy to class not only places his/her own learning in jeopardy, but also interrupts the learning of other students. Arriving on time contributes to an optimal learning experience for all.

Some absences, such as sick days, are unavoidable but we hope you recognize the importance of regular attendance to your child's success. As parents and guardians, you hold the greatest influence with your children. Help us make good attendance a habit!

Below please find our protocols for addressing absences and tardiness:

Tardiness:

- **5 Days-** phone or email contact from classroom teacher
- **10 Days-** phone call and letter from principal or vice principal

- **15 Days-** phone call/letter from principal or vice principal to schedule a meeting to address concerns and plan for success

Absences:

- **5 Days-** phone or email contact from classroom teacher
- **10 Days-** phone call and letter from principal or vice principal
- **15 Days-** phone call/letter from principal or vice principal to schedule a meeting to address concerns and plan for success

We work with families proactively regarding school attendance. Please communicate with your child's teacher pertinent information that may impact attendance.

Occasionally absences are necessary due to sickness or appointments which cannot be scheduled beyond school times. In these cases, please follow the following procedures:

With **Safe Arrival**, you are asked to report your child's absence in advance using any of these 3 convenient methods:

1. Using your mobile device, download and install the **SchoolMessenger app** from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.ca>). The first time you use the app, select **Sign Up** to create your account. Select **Attendance** then **Report an Absence**.
2. Use the Safe Arrival website, <https://go.schoolmessenger.ca>. The first time you use the website, select **Sign Up** to create your account. Select **Attendance** then **Report an Absence**.
3. Call the toll-free number **1-833-219-9065** to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

In addition, we will use the **SchoolMessenger Communicate** automated notification system to contact parents whose child is absent when the absence was not reported in advance. The automated notification system will attempt to contact parents at multiple contact points until a reason is submitted for the absence. If our system is unable to reach the designated contacts, office staff will follow up.

If you report your child's absence in advance using the **Safe Arrival** toll-free number, website, or mobile app, you will NOT receive these notifications.

BICYCLES AT SCHOOL

We encourage active transportation! Bicycle racks are available at our school. We encourage children to secure their bikes with locks as we can not accept responsibility for loss, theft of, or damage to bicycles.

BIRTHDAY INVITATIONS

We celebrate the special moments of our students and enjoy announcing birthdays each day. On their special day all students receive a birthday sticker and pencil from the office. As you are preparing for any birthday parties, please keep in mind that we ask that you send out invitations from home rather than through your child at school. It can be disconcerting to those students in the class who are not invited to the celebration.

BUS CONVEYANCE POLICY

Anglophone South School District follows a Conveyance Policy where students are transported by bus to home addresses. Families are permitted to request transportation to a consistent additional address. Do do so, complete the online request at the link below. It takes up to 10 days to process so please do so as soon as possible.

<https://forms.office.com/Pages/ResponsePage.aspx?id=318rTdLEEUmHCWjML0Zcn3zrK4iFzutEp96zjZV0zZUNURITjIORVE2OExCRVVOMEtRT044S0gwSS4u>

BUS PLANNER (STUDENT BUSING INFORMATION ONLINE)

Anglophone South School District uses an online busing system to manage bus routes and provide information to families. Information will be available for the next school year in late June. Please visit this link: <https://asdsbp.nbed.nb.ca>

Parents and Guardians have online access to their children's busing information by choosing the Parent Portal. To register for this service, you will need an email address and the following information:

Student NB Educational Number: _____

Student Date of Birth: _____

School: _____

Grade: _____

If you require busing to an alternate address for childcare and would like to submit a request for this

courtesy service, you can complete the online request at <http://asd-s.nbed.nb.ca> found under the

Transportation drop-down by clicking "Request Additional Address". If you have issues with that

service, you can access the BusPlanner site and choose "Contact" at the bottom of the page.

For all other busing related inquiries please contact:

Email: asds.ptms@nbed.nb.ca

Phone: 506-658-5603

BUS SAFETY

The safety of all students who ride on our school buses is a priority. To allow our drivers to focus on the road, our children need to listen to the bus driver, remain seated, use quiet

voices, and be courteous and respectful to others. Please remind your children that snacks and drinks should wait until they arrive at home or at their childcare provider. Eating on the bus may pose a choking hazard, impact the safety of a child with allergies, and/or cause unnecessary clean up by our drivers. Bus transportation is a privilege and unsafe behaviour may result in loss of this privilege.

COMMUNICATION

It is very important that we have clear communication between school and home. Our F.E.S Family Connections (sent each Friday afternoon) provides families with information on upcoming events and activities. Our monthly newsletter, also sent via School Messenger, focuses on curriculum updates. F.E.S. has a Facebook Page (Fairvale Elementary School) as well as a Twitter account (@FairvaleFalcons). Teachers will also send monthly or weekly newsletters.

CUSTODY ARRANGEMENTS

The school administration and classroom teacher need to be aware of any custody arrangements especially if there are court orders prohibiting a parent from having contact with the child. A copy of the specific court order must be in the child's school record. In some cases, parents who have children under joint custody request that both parents receive copies of the school report card and other documents. Please inform the school if this is your preferred arrangement.

DROP OFF AND PICK UP PROCEDURES

To reduce congestion at morning drop off, we are asking parents to utilize our two drop off locations- the one near Dreamland for those whose children's surname beginnings with the letters A-L and the one in front of our gymnasium for children whose surname begin with the letters M-Z. There is supervision at both areas and an adult will guide children dropped off near the gym to the playground. Just a reminder to be careful (and patient) if you are dropping your child/children off at school. There is a crosswalk on School Avenue (located near the playground side of our building) that is used frequently by our students who live within walking distance to our school. We need to work together to keep our children safe.

Our only afterschool pickup location is on the playground side of the building. Please wait for your child/children on the outside of the fence. Once the teacher sees you and makes eye contact, he or she will send your child to you.

EXTRACURRICULAR ACTIVITIES

A variety of extra-curricular activities are available at F.E.S. including intramurals, Track and Field, running club (gr. 3-5), choir, musical, chess, Lego, book, Tinker Tray Tuesday,

and student led clubs. Interested students in upper elementary are provided with leadership responsibilities (ie. Junior Secretary, Healthy Lunch Helper, Junior Librarian, Intramural leader etc.)

FOOTWEAR

Students require indoor footwear for gym class and to help keep the school clean.

HEALTHY LUNCH & MILK ORDERS

Our Home and School group oversees our Healthy Lunch program. This program provides hot and cold lunch options that align with the provincial nutrition policy. Ordering is voluntary. Although it provides a convenience for families, sending in a lunch from home is another great option.

Sample Menu Items

- Dominoes cheese pizza
- Subway turkey or ham sub
- Nela's Kitchen Pasta & tomato vegetable sauce with fruit
- Pita Pit Chicken Pita

Food period length this year will be 5-6 weeks with ordering only once for a 6 week block. For example, if you order your child a chicken pita from Pita Pit, he, she, they will receive it every week for the duration of the food period. The ordering site (fairvale.hotlunches.net) opens prior to the food period starting and parents have one week to place orders. Once the site closes, ordering is not an option until the next food period. Chocolate and white milk are available and must be ordered by food period as well. The flavour of milk can not change part way through a food period. If you order white milk, your child will receive white milk for the six-week block. Likewise, if you select chocolate milk, he or she will receive chocolate milk. To register for an account, please visit fairvale.hotlunches.net and select "Click Here to Register". Once all registration information is complete, select "Register Now" (at the bottom). Follow the instructions to add each child in your family who attends FES. Once your child(ren) are registered, click on "Orders" and proceed to order hot lunch for your child(ren)

There are no refunds for sick days, snow days or vacations, please contact the Home and School group at fairvalehealthylunch@gmail.com if you have any questions or concerns. For missed days, as it has worked in the past, the milk and meal item will be given to another student in need, unless otherwise requested (give to a sibling or friend). **In case of a snow day, we will not be carrying forward the food items to another week or reimbursing families for that day.**

Allergy alerts – Please contact us regarding any allergy concerns you may have for your child. We have always and will continue to do our very best to accommodate your needs.

HOME AND SCHOOL PARTNERSHIP

Parents and guardians are children's first teachers and play an extremely important role in their learning and development. A good working relationship between school personnel and the home is essential to children's progress and their overall feelings about school. Because of the intense interdependence of the home and the school, the staff at F.E.S. undertakes to maintain a high level of communication and dialogue with the parents / guardians of the children in our care. Communication may take the form of face-to-face meetings, virtual meetings, phone communications, notes, letters, and monthly newsletters.

HOMEWORK

Homework is an important activity that allows parents and teachers to work together as partners to support children as learners. Homework that benefits children include reading or being read to, family discussion, playing board games and cooking alongside a family member. Quality homework reinforces classroom learning, is relevant (connects to the "real world"), reflects specific student needs and interests, and is purposeful.

LIBRARY

Each class visits the library once a week with students signing out a book or two each visit. New books are selected each week (if previous books are returned) unless a child decides to renew and keep a book for a second week. Lost books need to be replaced.

LOST AND FOUND

Items that are lost (or found) are kept in a designated area near the library. Parents and children are welcome to check for lost items. In alignment with our Parent Teacher meetings, we place all items on tables in the main hallway for parents to look through classes to walk through. All unclaimed items are donated to those less fortunate in our community in December, April, and end of June.

MASCOT/ SCHOOL COLOURS

Our school mascot is Flash the falcon. Our school colours are blue and grey.

MEDICATIONS, ALLERGEN FREE ENVIRONMENT, COMMUNICABLE DISEASES EXCLUSION FROM SCHOOL

The school will do its utmost to work with the home regarding medical prescriptions which are to be administered during the school day. Staff members will supervise students taking medication provided the following parameters are observed:

- 1) For all students who take medication regularly or occasionally, an official form must be completed explaining the details of the medication. **Please note that it is a policy of the Department of Education that we cannot administer medication unless this form is on file at the school.** This form is available at the school.
- 2) The school is not to be held responsible for long term storage or lost medicine.
- 3) Medicine must be kept in the original container provided by your pharmacy.

Important Note: Medic Alert Forms must be completed for all students with serious health issues as soon as possible.

Allergen Free Environment

Fairvale Elementary School is a **nut free and scent free environment**. We must have everyone's cooperation by:

- o not sending any food product containing nuts (peanuts or tree nuts)

Please check labels carefully. To avoid confusion, we discourage peanut butter alternatives (products that look like peanut butter).

- o not wearing perfumes, strong deodorants, body sprays and hair sprays

In addition, we have two students with serious milk protein allergies at our school. We do allow dairy products, however classmates of the child with the severe allergy are asked to limit the amount of dairy. Communication will be sent directly to those families.

Communicable Diseases & School Exclusion

In the best interest of the students, all parents are asked to respect the following Department of Health guidelines regarding communicable diseases:



School Exclusion Guidelines

Disease	Minimum exclusion period for cases
Diphtheria	Exclude until medical clearance (written note from MD)
Pertussis (whooping cough)	If high risk individuals are present, exclude until 5 days from the start of treatment OR, if no treatment was given, until 3 weeks elapsed since the onset of characteristic cough or until the end of cough, whichever occurs first.
Group A streptococcal (GAS) infection (pharyngitis/ tonsillitis [strep throat], scarlet fever, impetigo)	Exclude until 24 hours after starting antibiotic treatment.
MRSA (Methicillin-resistant Staphylococcus aureus)	Usually not required (unless skin lesions (e.g. boils) cannot be covered). Seek medical advice for contact sport participation.
Mononucleosis (EBV infection)	Not required.
Cytomegalovirus infection	Not required.
COVID-19	Exclude until symptoms have improved and child has not had fever for 24 hours.
Measles	Exclude until 4 days from the onset of rash.
Mumps	Exclude until 5 days from the onset of gland swelling, if non-immunized contacts are present.
Rubella (German measles)	Exclude until 7 days from the onset of rash.
Varicella (chickenpox)	Exclude until child feels well enough to return to school.
Shingles (herpes zoster)	Usually not required (unless skin lesions (spots) cannot be covered)
Fifth disease (erythema infectiosum, "slapped cheek" syndrome)	Not required. Once rash appears, a child is no longer contagious.
Roseola infantum (sixth disease, exanthema subitum)	Not required.
Gastroenteritis (diarrhea and/or vomiting)	Exclude students who cannot maintain personal hygiene until diarrhea subsides. For certain causes of gastroenteritis and in outbreak situations, longer periods of exclusion may be needed. Contact Public Health for advice.
Hepatitis A	Exclude until 1 week from the onset of illness/jaundice.
HIV, Hepatitis B, Hepatitis C	Not required.
Conjunctivitis (Pink eye)	If there is a thick white or yellow discharge (with eyelids stuck together or crusted eyelashes), fever, eye pain or eyelid swelling or significant watery discharge exclude until seen by a doctor (at least 24 hours of treatment may be required before returning to school). Children with pink eyes who have no or minimal clear or watery discharge without fever, eye pain, or eyelid redness do not need to be excluded.
Cold sores (herpes simplex)	Usually not required (unless significant drooling that cannot be controlled)
Hand-foot-and-mouth disease	Usually not required (unless significant drooling that cannot be controlled)
Thrush (candida)	Not required.
Molluscum contagiosum	Not required.
Warts	Not required.
Scabies	Exclude until 24 hours after treatment.
Pediculosis (Head lice)	Not required.
Ringworms	Exclude until treatment started.
Pinworms	Not required.

Head Lice

Head lice are insects that live close to the human scalp and feed on blood. They are a nuisance but head lice do not transmit disease. Parents are often embarrassed if they

discover that their children have contracted head lice, but research has shown that these parasites do not indicate poor personal hygiene or low socioeconomic status. Anyone can get head lice.

What are the symptoms?

The most common symptom is constant itching of the scalp. This may be accompanied by scratch marks or small red lesions resembling a rash on the head. There may also be a tickling feeling of something moving in the hair. Head lice are most active in the dark and can cause difficulty sleeping and irritability.

How are head lice spread?

Head lice move by crawling; they cannot hop or fly. Head lice are usually spread by direct hair-to-hair contact or infrequently by sharing things like hats, scarves, combs, hairbrushes, helmets and headphones. Head lice that live on people can't live on pets like cats or dogs.

How are head lice diagnosed?

Head lice have three forms: egg (or nit), nymph, and adult. Nits are laid at the base of the hair shaft closest to the scalp. Nits are firmly attached to the hair, are oval-shaped and very small (about the size of a knot in thread). Nits appear yellow or white or sometimes as the same color as the hair of the infested person. Nits are often confused with dandruff or remnants of hair spray; but debris is not usually firmly attached to the hair.

Nits hatch into nymphs in 8 to 9 days. Nymphs look like adult lice but are smaller. They mature into adults in 9 to 12 days. Adult lice are the size of a sesame seed, have six legs, and are tan to grayish-white in color. They live for up to 30 days on a person's head, but die within one or two days after falling off. Infestations are diagnosed by finding adults, nymphs or viable eggs. A magnifying lens, good lighting and a fine-toothed comb are useful. Head lice and nits are found on the scalp, particularly around and behind the ears and near the neckline at the back of the head. Viable nits are firmly attached to hair usually within 1 cm of the scalp. Viable nits contain an embryo that occupies most of the egg and often one or two eye spots are visible. Hatched nits are nearly transparent and are usually more than 1 cm from the scalp.

Who is at risk of infestation?

Infestation with head lice is most common among preschool children attending childcare, elementary schoolchildren, and the household members of infested children.

How can head lice be prevented?

Learn how to diagnose head lice and do regular inspections of children and family members. Check children when they return from overnight camps and school trips.

During outbreaks, keep long hair tied back or braided to minimize hair-to-hair contact and discourage borrowing personal items like hats and hairbrushes.

How are head lice treated?

Head lice can be treated with an over-the-counter or prescription medication, usually as a shampoo. A health care provider can help select an appropriate medication. Treatment should be considered only for active infestations (adults, nymphs or viable nits are observed). Some steps to follow:

1. Check household members and other close contacts and treat those with an active infestation.
2. Treat all infested family members at the same time. Follow medication directions closely.
3. Retreat. A single treatment may not kill all the eggs. Retreatment usually should occur after seven to ten days to kill any lice hatched from surviving eggs before they produce new eggs.
4. Repeated and thorough removal of lice and nits. Use a fine-toothed nit comb or fingers to remove all nits attached to hair shafts after treatment. Discard tissues or towel containing lice and nits. Clean combs and hair brushes by soaking in hot soapy water for twenty minutes or undiluted medicated shampoo for ten minutes. Continue to check for 2-3 weeks to be sure all lice and nits are gone. In addition to medicated shampoos, other measures can be used but these are not required to treat a head lice infestation. Hats, scarves, pillow cases, bedding, clothing, and towels used by the infested person can be machine washed and dried using hot water and hot air cycles. Items may be dry-cleaned or sealed in a plastic bag for two weeks. Vacuum the floor and furniture, particularly where the infested person sat or lay.

NEWSLETTERS

A monthly school newsletter, with a curriculum focus, will be shared electronically with families. Possible topics include literacy, numeracy, social emotional learning, exploration, and cross curricular learning. Most teachers send a newsletter monthly, but a few prefer weekly newsletters.

OUTDOOR PLAY

Students will be outside for almost an hour daily (15 minutes at morning recess and 30 minutes at lunch recess). *Parents are asked to ensure that children are dressed appropriately for going outside.* When weather does not permit outdoor activities due to extreme cold or heavy rain, we will have an “inside day” at our school.

SAFETY AND SECURITY

To ensure a safe and secure place to learn, all entrances to the school are locked during the school day. Visitors to the school must be buzzed in at the front entrance and proceed to the office to sign in and obtain a visitor pass upon. Parents arriving late

with their child are expected to sign their child in at the main office. Likewise, if you are picking your child up early, you must be buzzed into the office where we will call your child up to meet you in the lobby. Whenever possible, we ask that you let teachers know in advance about early pick up.

SCHOOL CASH ONLINE

For safety and efficiency reasons, Anglophone South School District would like to reduce the amount of cash & checks coming into our schools. Please join the thousands of parents who have already registered and are enjoying the convenience of paying ONLINE! It takes less than 5 minutes to register. Follow these step-by-step instructions to begin to receive email notifications regarding upcoming events involving your child(ren).

NOTE: If you require assistance, select the SUPPORT option in the top right hand corner of the screen.

Step 1: Register

a) If you have not registered, please go to the School Cash Online home page <https://ASD-S.schoolcashionline.com/> and select the "Get Started Today" option.

b) Complete each of the three Registration Steps

*For Security Reasons your password, requires 8 characters, one uppercase letter, one lowercase letter and a number.

Step 2: Confirmation Email

A registration confirmation email will be forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account.

Step 3: Find Student

This step will connect your children to your account.

a) Enter the School Board Name.

b) Enter the School Name.

c) Enter Your Child's First Name, Last Name and Birth Date.

d) Select Continue.

e) On the next page confirm that you are related to the child, check in the Agree box and select Continue.

f) Your child has been added to your account.

Step 4: View Items or Add Another Student

If you have more children, select "Add Another Student" and repeat the steps above. 8 children can be added to one parent account. If you do not wish to add additional children, select "View Items For Students" option. A listing of available items for purchase will be displayed.

SCHOOL CLOSURES / INCLEMENT WEATHER

Our school is located in **ASD-S, Hampton Education Center**
Snow line - 1-855-535-7669 [SNOW]

The options are as follows:

1. Schools are open as usual, and no announcement will be made.
2. All schools are closed for the day with an appropriate announcement being relayed to:
 - the local radio stations prior to 6:30 a.m.
 - the District website (www.asd-s.nbed.nb.ca)
 - follow District on social media- Twitter http://twitter.com/ASD_South Facebook- [Anglophone South School District](#)
3. Some schools in the area are closed and the announcement will be made via radio station and social media
4. Buses are delayed one hour with all schools in ASD-S opening on time. Teachers are expected to be in their classrooms at the regular time, whenever possible, and to provide supervision and instruction. Attendance will not be taken until the buses arrive.
5. Schools *may* be closed early if weather conditions deteriorate seriously during the day. In this case, schools will be informed by District Office personnel, and parents will be informed via the media. This option will be exercised very rarely since road conditions are often better at the end of the school day when transportation crews are expecting students to be dismissed.

You are urged to check social media and/or listen to the radio early in the morning during inclement weather conditions so that you can be informed of the school closings.

School can also be closed for other reasons

Closures may happen under clear sunny skies due to mechanical, electrical or water problems or other unforeseen issues. If the problem occurs through the night, school may be closed the following day.

- **If closing early, it is essential that we have an emergency closure plan for each child.** An emergency plan form will be sent home (on coloured paper) every September for completion.

SCHOOL EXPECTATIONS

Fairvale Elementary School is a caring community in which all students are taught our School Code of Conduct so all children can participate in a positive learning environment while reaching their full social and academic potential.

F.E.S. Student Code of Conduct

By living the 7 Habits we, as students, of F.E.S. will be:

Respectful

At FES, we are respectful to ourselves, others and our environment. We are respectful of the ideas and feelings of others.

Responsible

At FES, we are responsible for our actions, choices and words.

Safe

At FES, we always work and play in a safe way so that no one in our school community is hurt.

Ready to Learn

At FES, we are prepared to work and learn to the best of our ability.

We are proactive and encourage good behaviour through an approach called *Positive Behavioral Interventions and Supports* (PBIS). Rather than focusing on punishment after a child has misbehaved, we focus on preventing the problem by teaching appropriate behaviour, just like math and reading. Consider this:

If a child does not know how to read, we teach.

If a child does not know how to swim, we teach.

If a child does not know how to multiply, we teach.

If a child does not know how to drive, we teach.

If a child does not know how to behave, weteach.....punish?

It is important for us to support students and teach them the skills they require instead of simply punishing them for poor choices.

SCHOOL FEES 2022-2023

Instead of purchasing school supplies, families at F.E.S. pay a mostly all-inclusive student fee. For the 2022-2023 year, a reduced fee of \$45 per child will cover the cost of school supplies and two school performances. Because of Covid restrictions, our students were not able to participate in skating (k-2), swimming (gr. 3), curling (gr. 4) and golf (gr. 5) so we are utilizing the money collected for student activities next year. This means that our regular student fee of \$57 is being reduced to \$45 for this year only.

Families are only required to provide the following:

- 1 package of large resealable bags
- 1 set of inexpensive ear buds/ ear phones (ear phones preferred)
- Indoor sneakers
- 1 Backpack
- 1 lunch bag

Each class takes at least one field trip throughout the school year, which may result in an additional fee. A specific amount to cover this expense is not incorporated into our

student fee because the fees vary depending on the nature of the field trip. For example, a field trip to Meenan's Cove Park and Brunswick Nurseries is free whereas a trip to Belding Hill Farms would incur a cost.

Student fees, paid through School Cash Online, can be paid beginning Monday, Aug. 22nd. We ask that all fees be paid by Friday, September 23rd. If you require a payment plan, please email me at Bonnie.Hierlihy@nbed.nb.ca.

As a school community, we support charities four times throughout the school year. No more than a Toonie is suggested per event and all charitable fundraisers are optional for families.

SCHOOL PHOTOS

School photographs will be taken on **Tuesday, September 13th** by Photography Flewelling. Students will bring home proofs on the day photographs are taken. Re-takes will take place on **Tuesday, September 27th**.

SCHOOL SAFETY PLAN

As part of our School Safety Plan, we practice Fire Drills, Lockdowns, and Off -Site Evacuations. Teachers practice these safety protocols with our children and refer to our fire drill and off-site evacuation as our 'outside' safe locations and the lock down as our 'inside' safe location. We do not discuss with students the specific reasons why we would be in a lock down situation. As per district protocol, over the course of a school year, we complete four or five fire drills, two lock downs and one off- site evacuation. At the beginning of the year teachers and students know when we will be having a fire drill or lock down and, over time, we move to unannounced practices. We spend time training our children and they do a great job. In the event we need to move our students off site, our evacuation centre is at Tree Life Church (30 Vincent Road in Quispamsis).

SOCIAL EMOTIONAL LEARNING





Social Emotional learning (SEL) develops students' knowledge, attitudes and skills to manage emotions, build healthy relationships, set goals and make decisions which are foundational for success both at school and in life. SEL focuses on helping students develop social-emotional skills that are essential for:

- working with others
- building resiliency
- achieving goals
- reducing bullying and risk behaviours

Zones of Regulation is a program used to support students in developing increased self-regulation skills. When students are dis-regulated they are not in a state conducive to

learning. The program is designed to help students identify what "zone" they are in, and to develop strategies to "Get Back to Green".

The ZONES of Regulation®

			
BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Terrified Yelling/Hitting Out of Control

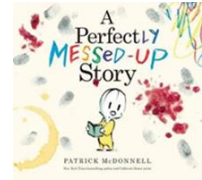
Students are taught to use their **WITS** to resolve conflict. Below is a graphic that describes the WITS strategies:



We use authentic ways (primarily children's literature) to introduce and teach the five **Growth Mindset Stances** that children need to be successful. Below is a description of each stance, the image used to illustrate each one, and the cover of one book we use to teach each stance.

Optimism

Feeling hopeful that risks are worth taking and that problems will work their way out. When you do something new, you think, "I can try," and give it your best shot because that's how you grow.

**Flexibility**

Seeing and trying many possible actions within a task. When one thing doesn't work out, you try a different way.

**Resilience**

Bouncing back and recovering from setbacks or failures. When you have trouble, you bounce back and try again.

**Persistence**

Sticking with something even when it is challenging. Having persistence means you try and try again even when it feels hard.

**Empathy**

Feeling how another person is feeling and imagining what it would be like to be in another's position. You have empathy when you feel someone's feelings in your own heart.

**VOLUNTEERS**

Family members are welcome and encouraged to volunteer at F.E.S.! Some opportunities are weekly or biweekly (library helpers), while others occur at specific times of the year. Two popular volunteer opportunities organized by our Home and School (see below) are our Holiday Workshop and Holiday Dinner, both which take place in the month of December. Please expect to receive the Volunteer Form outlining opportunities and time commitments in early September.

Home and School Association

The role of a Home & School Association is to engage parents, foster communication between the school and parent community, and to organize events, activities, and fundraisers to enrich the school community. Specifically, the Home and School oversees the healthy lunch and milk programs, secures library and bookfair volunteers, supports the school with many special events (Holiday Workshop, Holiday Dinner, Family Fun Night, Field Day, Parade float). Please expect to receive a flyer of volunteer opportunities in the fall. For more information, email fairvalehomeandschool@gmail.com

Parent School Support Committee

A Parent School Support Committee (PSSC) is established for our school each September. A formal election will be held to fill any vacant positions. The mandate of the PSSC is to assist in the creation and monitoring of the School Improvement Plan. This valuable team meets six times yearly (September, October, November, February, April, and May) for an evening meeting of less than 90 minutes. This is a great opportunity for families who are not able to volunteer during the school day due to work or other commitments.

WEATHER POLICY

- ❖ Children need recess so we will go outside as much as we can. Children will not play outside if it is raining heavily, however, will go out for playtime and fresh air when it is drizzling/light rain.
- ❖ If the temperature is -20 °C or below, the children will remain inside.