

F.E.S. Family Connections

May 8th-12th , 2023

Vision: F.E.S students will be passionate life-long learners who contribute as responsible leaders in the global community.

<p>Monday, May 8th</p> <ul style="list-style-type: none"> ○ No school for students- AGM for teachers 	<p>Thursday, May 11th</p> <ul style="list-style-type: none"> ○ Chess Club-Grade 4
<p>Tuesday, May 9th</p> <ul style="list-style-type: none"> ○ Grade 2 Open Gym ○ Matilda-10:15-10:45 ○ Lego Club- Grade 1 	<p>Friday, May 12th</p> <ul style="list-style-type: none"> ○ Grade 5 Open Gym ○ Grade 5 running club
<p>Wednesday, May 10th</p> <ul style="list-style-type: none"> ○ Grade 3 Open Gym ○ Tinker Tray Play-Grade K-2 ○ Grade 4/Marathon Running Club ○ Healthy Lunch Food Period #7 Closes 	<p>Upcoming Dates:</p> <ul style="list-style-type: none"> ○ May 15th- First day of food for Food Period #7 ○ May 16th- Lego club-Grade 2 ○ May 17th-Tinker Tray Play-Grades 3-5 ○ May 18th- Chess Club Gr. 3 ○ May 18th- Grade 4 Pancake Breakfast ○ May 19th- Sweet Caroline Day- \$2 ○ May 22nd – Victoria Day ○ May 23rd- Lego Club- Grade 3 ○ May 23rd- Golf -Grade 5 ○ May 24th- Tinker Tray Play Grades K-2 ○ May 24th- Chapman's Frozen Fruit Pops for JDRF Walk to Cure Diabetes \$1each ○ May 25th- Chess Club-Grade 2 ○ May 25th- Multicultural Night 6-7:15 ○ May 25th- Playdate in the Park (for next year's kindergarten students)

Information Items:

- Thank you to those who purchased Chapman's Frozen fruit pops on Wednesday. All funds raised support the **SunLife JDRF Walk to Cure Diabetes**. Together, we raised **\$320**. We will do it again on **Wednesday, May 24th**.
- **Wear Purple (and bring a toonie) on Friday, May 19th for Sweet Caroline Purple Day!** Caroline Lorette who loved purple passed away in 2014 from an allergic reaction to dairy. All funds raised will go to the Sweet Caroline Foundation which supports food allergy awareness.

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- Please mark your calendar for **May 25th from 6-7:15pm for our Multicultural Night!** Travel the world without leaving F.E.S.! Visit interactive displays and have an opportunity to win prizes by getting your 'passport' stamped at various countries.
- Our grade 5 students (and our grade 4 students in 4/5 combined classes) will participate in **"WE BELIEVE" on Thursday, May 18 at TD Station in Saint John.** WE Believe is a powerful event aimed to inspire young people to be the change. At the WE Believe Saint John event, the speakers and performers will focus on various topics including but not limited to; mental and physical health, volunteering, bullying and self-worth, and how each of us can better the world. **The event will finish at 4pm so students will need to be picked up at the school at 4:30.** More details are included in the permission slip that will be sent home early next week.
- Our K-2 students had four weeks of skating earlier this year at the qplex. In the coming weeks our **grade 3 students will have four sessions of swimming, our grade four students will have four sessions of tennis, and our grade 5 students will have four sessions of golfing.** Details are below. Please expect a permission slip to be sent next week.

Gr. 3 Swimming- June 12th & 15th 11-12pm @ qplex and June 19th & 22nd 9:45-11:45 (two groups of one hour) at Hampton Community

Gr. 4 Tennis -June 1st, 8th, 15th, and 22nd from 11-12pm at qplex courts courts

Gr. 5 Golf -May 23rd, May 30th, June 6th, and June 13th 11-12 pm at Hampton Golf Course

- A reminder that ASD-S has a **scent-reduced policy. Exposure to perfumes and other scented products can trigger very serious health reactions in individuals with asthma, allergies, migraines, or multiple chemical sensitivities.** The health effects of fragrances – ranging in severity from mild to debilitating – can include headaches, migraines, dizziness, nausea, fatigue, shortness of breath and wheezing. For some people, especially those with asthma and other respiratory disorders, exposure to fragrances can trigger the need for emergency medical treatment. Perfumes and colognes are considered the most concentrated form of fragrance; however, fragrances can be found in a wide range of products including soaps, shampoos, deodorants, hairsprays, and cosmetics. **We have three staff members who experience serious reactions to scents and who have had to leave F.E.S. on more than one occasion due to exposure to fragrances.** Thank you for helping us maintain a safe and healthy environment for everyone.

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- **Morning supervision begins at 7:40** so please do not drop your children off on the playground before that time as they will be unsupervised.