

# F.E.S. Family Connections

February 6<sup>th</sup>-10<sup>th</sup>

**Vision:** F.E.S students will be passionate life-long learners who contribute as responsible leaders in the global community.

<p><b>Monday, February 6<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>○ Open gym grade 1</li> <li>○ Packaged Valentines on sale for \$1; Kiss-o-grams 25 cents</li> <li>○ Student Led Clubs for Grade 3 students</li> </ul>	<p><b>Thursday, February 9<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>○ Open gym grade 4</li> <li>○ Grade 2 Choir</li> <li>○ Student Led Clubs for Grade 1 students</li> </ul>
<p><b>Tuesday, February 7<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>○ Open gym grade 2</li> <li>○ Packaged Valentines on sale for \$1; Kiss-o-grams 25 cents</li> <li>○ Maritime Centre For African Dance Inc. visit</li> <li>○ Drama at 12:15</li> <li>○ Gr. 3-5 Choir</li> <li>○ Student Led Clubs for Grade 4 Students</li> </ul>	<p><b>Friday, February 10<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>○ Open gym grade 5</li> <li>○ Trolls Movie Night!! 6-8pm</li> <li>○ Student Led Clubs for Grade 2 students</li> <li>○ Children who return their Family Literacy activity sheet by this date have a chance to win a book</li> </ul>
<p><b>Wednesday, February 8<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>○ Open gym grade 3</li> <li>○ Deadline to purchase packaged Valentines on sale for \$1 and Kiss-o-Grams for 25 cents each</li> <li>○ Drama at 12:15</li> <li>○ Student Led Clubs for Kindergarten students</li> </ul>	<p><b>Upcoming Dates:</b></p> <ul style="list-style-type: none"> <li>○ Feb. 14<sup>th</sup>- Valentine's Day! Feb. 15<sup>th</sup>- Grade 1 Pancake Breakfast</li> <li>○ Feb. 15<sup>th</sup>- Mindfulness for Children and Adolescents (parent session)</li> <li>○ Feb. 16<sup>th</sup>- Day 100!</li> <li>○ Feb. 20<sup>th</sup>-24<sup>th</sup>- Celebrate Diversity Week</li> <li>○ Feb. 22<sup>nd</sup>- Pink Shirt Day</li> <li>○ Feb. 23<sup>rd</sup>- Curriculum Night 6:30-7:30- Games Night at F.E.S.!</li> </ul>

**Information Items:**

-Our second round of **Student Led clubs** begin on Monday with all clubs for a specific grade level occurring on the same day. Thank you to our grade 4-5 leaders for planning a variety of interesting clubs including mini-sticks, soccer, basketball, coding, Minute to Win It, crafts, drawing, cheerleading, baking, dancing and more. Thank you also to our grade 3 Leaders in Training for helping to facilitate the sessions.

-The deadline to register (and pay) for your child(ren) to attend the movie "**Troll**" has been extended until Wednesday, February 8<sup>th</sup>. If having two 'kid free' hours interests you, please sign up! The cost is \$10 per child and includes popcorn and a drink. Movie night is next Friday from 6-8pm.

-We want to thank Mrs. Kerry Baxter and Mrs. Christine Furlong for their help and assistance with our kindergarten classes! We will definitely miss both of these ladies who helped with many different tasks supporting our youngest learners. We are still in need of **Kindergarten Support workers** for the second half of the year. If you are interested, please send a resume to Cheryl Emmerson, Human Resource Officer, at [Cheryl.Emmerson@gnb.ca](mailto:Cheryl.Emmerson@gnb.ca). If you have questions that are specific to the positions at our school, feel free to email me at [Bonnie.Hierlihy@nbed.nb.ca](mailto:Bonnie.Hierlihy@nbed.nb.ca).

# F.E.S. Family Connections

February 6<sup>th</sup>-10<sup>th</sup>

**Vision:** F.E.S students will be passionate life-long learners who contribute as responsible leaders in the global community.

These positions are great for anyone who would like to work during the school day but be finished in time to be available for your own children after school.

-**Rainbows** is a program designed to assist children who are grieving a death, divorce, or other painful transition, in a safe and supportive environment. Students meet in small groups once a week during school hours. Mrs. Casey will be facilitating new Rainbows groups beginning the week after March Break. Interested families may contact Mrs. Casey (847-6304 or [kerry.casey@nbed.nb.ca](mailto:kerry.casey@nbed.nb.ca)) for a registration and forms are to be returned by February 20th.

-Caroline Price, a teacher and guidance counsellor from KVHS, will be starting her counselling practicum at FES next Tuesday, February 7th. Mrs. Casey and Java are excited to have Mrs. Price join them in the guidance office!

- The **Maritime Centre for African Dance** (noted for performing at President Obama's African Inaugural Ball) will be visiting us at F.E.S. on Tuesday! The highly engaging workshop will feature cultural information, African Dance and African Drumming.

- We have extended the deadline for buying **Valentines until Wednesday, Feb. 8<sup>th</sup>**. The cost is \$1 per package. **Kiss-o-grams for 25 cents (Valentine pencils, erasers) can be purchased until Wednesday** as well. We had children inquiring about the name 'kiss-o-grams' and whether it meant they had to kiss the friend they sent one to and we explained that usually the recipient receives a chocolate Hersey Kiss. We are being healthy and offering Valentine pencils and erasers instead!

- Let's Celebrate **Family Literacy** At Fairvale! Please continue to engage in the suggested literacy activities (sheet went home last week) and return by February 10<sup>th</sup>. Those who have completed a minimum of ten activities will have their name entered into a draw for a free book.

- Danny Miles, M.A. (Resident in Psychology) will be offering a parent session entitled **Mindfulness for Children and Adolescents** on **Wednesday, Feb. 15<sup>th</sup> at 7pm** in our library.

**Overview:** An overview of mindfulness-based self-regulation strategies for young people at home and at school. This presentation will include a brief history of mindfulness, an overview of the role that mindfulness can play in the lives of typically developing children and children with mental health difficulties, discussion and rehearsal of specific mindfulness activities for children and youth, and the role that mindfulness can play in schools.

-Our **annual Curriculum Night** will be held on **Thursday, Feb. 23<sup>rd</sup> from 6:30-7:30!** This year our theme is "**Games Night at F.E.S**" and it will be an opportunity for parents and children to experience how various games can enhance learning. More information to follow!!

Message from Home and School: **Staff appreciation** is coming up the week of Feb 13-17, Home and School will be in contact next Friday with our plan of action...anyone interested in getting info send us an email [feshomeandschool@gmail.com](mailto:feshomeandschool@gmail.com).