

Grade 7 Learning Activities @ HMMS



Week of April 13 - 17

To access information for each of the learning activities listed below, please log in to your Office 365 account and check the “Team” for each of your subject areas. Your teachers will have posted everything you need in these locations. 😊

English (ELA)	This week we will be getting back to routine. There is a warm-up activity for each day, a reading comprehension activity to spend a few days working on, and a journal writing activity for one day. Don't forget to read for 30 Minutes each day. You can choose to do response questions with your reading. 7Shannon 7Rourke
Math	Complete multiplication practice questions and the word problems found under “Assignments” in Microsoft Teams. In the “Content Library” there is a list of websites where you can practice math facts. Do at least one practice activity each day. 7Shannon 7Rourke
Social Studies	This week we will be looking at what Confederation is using some websites/videos and answering a few questions about it. 7Shannon 7Rourke
Science	This week you will complete a simple lab in which you'll use pepper floating on water to demonstrate how soap affects the surface of water. Details can be found on your class TEAM site. Have fun completing the task and be safe! 7Shannon 7Rourke
Phys. Ed.	Let's take this time at home to spring into Spring and get stronger together. We will work through 30 day challenge strengthening our abs, legs/glutes and chest/arms. For more details, check your class TEAMS Page for the challenge calendar and how to videos or see my HMMS homework page . Let Week 1 begin . . . Good Luck!
Art	Easter Fauvism – Have fun colouring with the ‘wrong’ colours. Create an image in any material you have handy. See my HMMS homework page for details.
Music	Create an album cover for your band! Come up with a band name and image that describes the type of music you like to listen to. Click here.
Tech	Use ‘Piskel’ to create your own pixel art and animated sprites. Further details can be found under your ‘Assignments’ tab in Microsoft Teams or by clicking here .
SEL	Coping strategies (skills) are the things we do to help us handle our emotions. During difficult and challenging times, we often forget about the skills that we have to help us cope. Give the 30 Day Coping Strategies Challenge a try 😊 https://candacehatfield.weebly.com/sel.html



Don't forget to read everyday and get outside
for some fresh air and some exercise!
Take care. Be well.

