



WELCOME TO

ROTHESAY HIGH SCHOOL

HOME OF THE RED HAWKS

UPDATES

Grade 9 students visit NBCC— On October 26th, our grade 9 students have been invited by the District Coordinator to visit NBCC and take part in lab demonstrations. The busses will be picking up our students after homeroom and will be returning at 2pm. Permission slips are due ASAP.

Take your kid to work day—On November 2nd, as part of Atlantic Canadian Career Week, Grade 9 students will spend the day shadowing a parent/guardian/family friend at their place of employment for the day. Some larger employers may have special events planned to accommodate Grade 9s from across the district. It is the responsibility of the family to provide a place for their child to go to work on November 2nd, there will be no regular classes for Grade 9 students that day. Grade 9s will be involved in career awareness activities before and after November 2nd.

Grade 11/12 visit to Brunswicker—on Nov. 8, grade 11 and 12 students will be bussed to the Brunswicker where they will have many post-secondary institutions representatives on site to answer any questions.

Dr. Chorney Presentation—Turning Inside Outside: Addressing Anxiety and Related Disorders in Children and Teens

This will held at Simonds High School on Nov. 3 from 6—7:30pm. It is an Adult only presentation. Please see below for Dr.Chorney's Bio and mor information.

Powerschool—As we approach the end of Quarter 1, be sure to check on powerschool to see your student's marks. If you have any concerns, please reach out to their teacher(s) to help them be successful. INC means the student has not completed all work.

Fundraising for Cafetorium—A wonderful group of parents are starting to raise money to update the cafetorium! Thanks to all of them and can't wait to get started. See below for information!

Important Dates:

Oct. 24—28—Spirit week

Oct. 25—PSSC meeting

Oct. 26—Grade 9 students visit NBCC for tours and lab experiences.

- Performing Arts Night

Oct. 27—Movie night at RHS!

Nov. 2—Immunization Clinic (will be rescheduled due to Take Your kid to work)

- Take your kid to work day

Nov. 3—Dr. Chorney Presentation at SHS 6pm

Nov. 4— Quarter 1 Ends

Nov. 7—Quarter 2 Begins

Nov. 8—Grade 11/12s visit Brunswicker for Post Secondary information

Nov. 11—Remembrance Day (No School)

Nov. 14—Report Cards go home

Nov. 16—ACADEMIC EXCELLANCE CELEBRATION

Nov. 17—Parent Teacher 4:30—7pm

Nov. 18—Parent teacher and Professional learning for Staff



FUNDRAISING CAMPAIGN

The focus of fundraising for the 2022/2023 school year will be to refurbish the RHS Cafetorium to make it more functional for all classes and for events that are held there. There are many small projects already started and a focus on two major expenses: a theatre curtain and comfy/stackable/numbered chairs. There are two fundraisers planned to begin working towards this goal, we hope that our school community will help to make them a success!

***Pretty in Pink** will be performing for us at our Valentine's Adult Dance on Saturday Feb 11 at 7pm in the RHS Cafetorium. This event will be licensed, have a silent auction and many other activities! It will be a perfect night out to dress in pink/red and dance to 80's music with your sweetheart or your group of friends*



In March, we will be having a Sponsor-a-Chair campaign where you, your family, business or organization can have your name assigned to a chair nameplate and displayed on a plaque outside the Cafetorium

If you would like to help with these events, we invite you attend our upcoming Fundraising Committee meeting on Oct 25 at 7:30pm in the RHS Staff Room or email liz.tait@oakvillelanedental.com

Graduates of 2023

Please note these Grad Dates:

Prom: Tuesday June 20th, 2023 Location—TBD
Time—TBD

SafeGrad: to be held immediately after prom
till 3am at RHS.

Graduation: Thursday June 22nd, 2023 at RNS
2pm

If you have any questions regarding Graduation/
prom please email Andrew.peters@nbed.nb.ca.

SCHOOL CLOTHING

School clothing is now on sale! The link in on
the RHS website and it closes October 31st!

[Product Results -
ROTHESAY HIGH
SCHOOL
\(logoshop.com\)](#)



Turning Inside Outside: Addressing Anxiety and Related Disorders in Children and Teens

Presented by Dr. Chorney

November 3rd, 6pm @ Simonds High School (Adults only)

This presentation is intended primarily for parents or school-based professionals looking to learn more about how anxiety, depression, substance use, and sleep issues co-exist in children and teens. An overview of each issue will be provided along with a short description of treatment approaches available for each disorder. The presentation ends with a discussion about self-help resources available (books, websites, and apps) that parents or professionals can use at home or school to help with anxiety.

Presentation Bio (2022):

Dr. Daniel Chorney is a clinical child psychologist who focuses on helping people overcome anxiety disorders, OCD, and insomnia.

Originally from Vancouver, Dr. Chorney completed his undergraduate studies at the University of British Columbia later received his Ph.D. from West Virginia University under the supervision of Dr. Tracy Morris. His graduate training focused heavily on the early identification and treatment of anxiety disorders and OCD in young children. He completed his clinical internship training at the Alpert Medical School of Brown University in Providence, Rhode Island.

Prior to starting a private practice Dr. Chorney worked at the IWK as a Staff Psychologist within the Community Mental Health program and served as the Team Leader for the Anxiety Program (Treatment of Anxiety Group).

When not at the office, Dr. Chorney regularly presents on the topics of anxiety, depression, stress management, and school refusal behaviors. He has served as both member and Chair of the Nova Scotia Board of Examiners in Psychology and currently serves as a volunteer on the Scientific Advisory Council of Anxiety Canada, an organization dedicated to promoting awareness of anxiety disorders and increasing access to proven resources.