

Application Form for Physical Education Elective

Student Name: _____

Grade: _____

1) Health & Physical Education 9 or Health & Physical Education 10 is a prerequisite for Physical Education electives.

2) Students must complete this page including parent's signature, along with page 2 (on the back of this page), plus include a letter of intent.

Physical Education Leadership 120

The goals of the course are as follows:

1. To increase awareness in students of the place and need for leaders in our communities.
2. To study various administrative and programming techniques in order to provide the student with the knowledge to successfully assume a leadership role.
3. To assist students in the understanding of "effective leadership" and how to become better leaders. i.e. How to listen, communicate, evaluate, constructively criticize, handle conflicts, organize self as well as programs, study and practice qualities of effective leaders.
4. To assist students in building greater self-confidence and self-esteem through the development of good communication and leadership skills.
5. To provide an opportunity to increase their leadership skills and abilities through experience and deliberate practice.
6. To allow for student ownership and control over aspects of the programs developed, allowing for appropriate decision-making and personal growth from successes and failures.

I _____ have read this letter and I

(Please Print Parent's Name)

am aware of the expectations of PE Leadership 120.

Parent's signature

Date: _____

ROTHESAY HIGH SCHOOL
PE ELECTIVE APPLICATION PAGE 2

PE Leadership 120 is a leadership course where students are required to spend thirty (30) hours of volunteer service in the community. This service cannot take place during instructional hours.

Those who take this course will cover topics on: goal setting, coaching, sports administration, sports medicine, teaching, and officiating. Students will also be required to be actively involved in each of these topics.

NAME: _____ Entering Grade _____

- (A) Please make a list of those extracurricular activities you have participated in, either in school or in the community.

	ACTIVITY	YEAR
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

- (B) Give three references from RHS grade 11 teachers.
(MAKE SURE YOU CHECK WITH THESE PEOPLE AND ATTAIN SIGNATURES)
**TEACHERS: By giving your signature, you are attesting to this student's character including respectfulness, reliability, and trustworthiness.*

	NAME	COURSE	SIGNATURE
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____

- (C) Please tell why you wish to take this course and what you will gain from being a member of this class.

- _____

If more room is required, please use another sheet of paper.

Physical Education Leadership 120

Letter of Intent:

Letter of Intent MUST:

1. Be passed in to Mr. Jordan personally along with attached double-sided course application form.
2. Be at least over 1 page handwritten, 1 page typed (12pt font),
3. Be legible if hand-written,
4. Address all criteria listed below:
 - Elaborate why you wish to take this course and what you will gain from being a member of this class.
 - What you envision this course to be?
 - How are your time management skills? Over the semester, you will be expected to give over 30hrs of your free time to volunteer for school and/or community-based events- sometimes with little notice. How willing/able are you to take that on with your present schedule of academics, work, sports teams/clubs? Elaborate.
 - Leadership experience:
 - o What do you feel is your greatest strength? Greatest weakness?
 - o Describe a time when you felt that you were an effective leader in an event.
 - o Describe an event when you did not do as well as you might have wished.
 - o List your volunteer experience over your high school career and what it has meant to you.
 - What ideas will you be bringing to the class? That is, how will you contribute to the class? What are some areas where you believe that RHS or the local community is lacking? What do you see as realistic ways to attempt to solve these problems?
 - How would you describe your discussion/presentation skills? We will have open discussions/debates where you will need to be up in front of your peers and other times when you will be in front of other audiences.
 - In what ways do you think participation in this course will benefit you?

I look forward to your active participation in this course.



Mr. Jordan
B.PE, B.Ed