

RedHawk Express

February 21, 2021



Introducing our New RedHawk

The students have voted and over 75% agreed that the RedHawk above is the new RHS RedHawk! The new RedHawk was inspired from the survey that was conducted in October. Students, staff, and families agreed that RHS was a competitive, protective (family-like atmosphere) and high standard environment. For those who did not know the previous RedHawk logo was copied from an existing logo that belonged to another organization. This meant we were limited in our ability to use it online or on clothing. We will be working with Jostens to roll out our new RedHawk over the coming months.

Weekly Schedule

Feb 22-26

Monday – L-Z

Tuesday – A-K

Wednesday – L-Z

Thursday – A-K

Friday – L-Z

Mar 1-5 – March Break

Mar 8-12

Monday – A-K

Tuesday – L-Z

Wednesday – A-K

Thursday – L-Z

Friday – A-K

Upcoming Events

Tues Feb 23 = PSSC Meeting
– 6pm (TEAMS)

Tues Mar 9 = Parent
Information Evening for
Course Selection

March Break

I know that March Break will look different this year for all students as they stay close to home and hang out with their Steady 10. I wanted to share some quotes from Kevin Cameron (@JKevinCameron). Kevin is an expert on responding to trauma and for many the last year could be experienced as a trauma. Kevin has some words of wisdom which I feel are worth sharing with the community as we head into a restful week.

1. **On the 2nd Wave** – “For the 1st wave “we were all in it together” but for the second wave many feel “in it alone”. This is the point in the pandemic where too many are “alone together” feeling the weight of so much loss and wondering how much more we can endure? But stay the course, the shore is in view!”
2. **On Perseverance** - “Sometimes the power isn’t in the performance: it’s in the steps you took getting there. So, when you step out on the stage of Post -Pandemic Life, it will be some of your most challenging moments now that will enlighten your future.”
3. **On Laughter** – “Without humour, systems will have a difficult go of it, we need humour to bear the weight of what we are dealing with.”
4. **On Mindset** – “Stop expending your energy on the parts of the world you cannot control! If you are often saying “How can this be happening?” you are in a defensive position. Try going on the offensive and start saying “Not in my School! Not in my house!” The power is in your plan”

Supporting Your Students @Home

1. **Attendance is key to success!** Both online and in person attendance is vital to student success. From looking at the school wide data many students are struggling with the shift to daily calls for all classes. Teachers are sharing vital information for students and are available on the calls to answer questions for those students who are at home. We would appreciate family support in encouraging students not to miss their calls and not to miss school if possible.
2. **In person attendance** – because students only attend every other day their on-time arrival to all classes is important as teachers are squeezing in as much information to their 60 minutes as possible. Your support in encouraging students to arrive at school by 8:45am is most welcome. Many of our student drivers are arriving after first period has begun.
3. **Cell Phones** – Many teachers are asking students to place their cellphones in “Cell Hotels” for the period. This is necessary as many students are allowing themselves to be distracted by social media during learning time. Please ensure their laptops are fully charged each day so they can be used when required.

Reminders and Celebrations

YEARBOOK SALES!

Time is running out... - Orders are due by Friday Feb 26!

Follow the link below to buy yours today ↓

https://www.jostens.com/apps/store/productBrowse/1113600/Rothesay-High-School/2021-Yearbook/2020082904334827777/CATALOG_SHOP/

SNOW DAYS → A reminder that should we have a SNOW Day the students who would have attended on that date will come the next day.

Kudos to the Girls Hockey Team → The RHS Girls Hockey made a cheque presentation to Melissa Martin at Hestia House for \$725.55. The girls raised the funds by having a socially distanced bottle drive.



Grad Theme Days – Our Grad Class Executive has a theme day coming up- Thurs Feb 25 & Fri Feb 26 – Dress up like your Kindergarten Photo!

73 School Days until Graduation.

The countdown is on...