

Sussex Middle School Parents,

Please take a few minutes to complete this survey <https://www.surveymonkey.com/r/67TZ72M> on behalf of the Sussex and Area Wellness Network, so that they may provide you and your families with a variety of opportunities that will help you be the healthiest you can be.

Your answers are strictly confidential. The information will not be reported in any way that allows you or your home to be individually identified.

**WIN** Complete the survey before **January 31, 2016** and you can enter in a draw to win one of **5 gift cards valued at \$25.00 each**. Simply send an email at [PamDrury@live.ca](mailto:PamDrury@live.ca) with "I completed the survey" in the subject line

*Lori Byers*

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