

SUSSEX |

REGIONAL

High School

WELCOME GRADS OF 2025

We are so glad that you are now Sonics! We are so very proud of our School Community and that you are now a part of it!

We look forward to watching you grow academically and personally over the next four years.

MISSION & VISION

Sussex Regional High School strives to support and educate the whole learner by creating a positive, inclusive environment where each person is accountable, respectful, involved and proud of their school community.

- Student & Staff who respect our property & expectations
- Students who push themselves academically
- Students who are involved
- Students who are proud to be Sonics

TOP TIPS FOR HIGH SCHOOLERS

Relax and embrace the change.

Don't be afraid to ask questions.

Remember teachers are there to help.

Don't use exams to measure your self-worth.

Strike a balance between study and socialising.

Try reaching out to new classmates.

Try different activities and embrace **school** spirit.

Holsman Jan 29, 2017

CONNECT

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Email us with your questions:
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