

# Child & Youth Mental Health Team (C&Y)

## Tantramar Cluster of Schools 869-6170

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### Who we are:

We are an interdisciplinary team of professionals that work as one part of the Integrated Service Delivery (ISD) Model. Our team is comprised of a Psychologist, a Resident in Psychology, three Social Workers, an Education Support Teacher – Autism/Resource (EST-A/R), and a Clinical Coordinator.

### What we do:

We receive referrals for children and youth who are struggling with mental health, substance use, academic, behavioural, or social/emotional challenges. We work in collaboration with school Education Support Services (ESS) Teams to help support students. Our services include one-on-one counselling, assessments, and consultation with parents and teachers. We can also help connect children, youth, and families to other services in the community.

## Erin Atkinson

### School Psychologist



Hi! My name is Erin and I'm a licensed psychologist. I've been working as a school psychologist in New Brunswick schools since 2016. I recently moved back to the Sackville area, and I am excited to be working on the Tantramar Cluster Child and Youth team. I have a Bachelor of Arts from UNB, and a Masters and Doctoral degree in School and Clinical Child Psychology from the University of Alberta. I provide academic and behavioural consultations, psycho-educational assessments, individual and group therapy, parenting support, and professional development in our schools. When not at work, I am spending time with my family – my husband, toddler twin girls, and my dog Zoey. I am always looking for a creative outlet. I enjoy arts and crafts and decorating my house for all holidays. I'm looking forward to working with you!

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## Molly Chase

### Resident in Psychology



Hi! My name is Molly, and I am a mental health clinician/resident in psychology working toward becoming a licensed psychologist. I have been on this team since 2019 and have completed assessments as well as provided parenting support, consultation to school staff and parents, and individual therapy to students. I have a Bachelor of Science in Psychology from Mount Allison University and a Master of Arts in School Psychology from Mount Saint Vincent University. In my spare time, I love to read, hang out with my family, and spend time at my cottage, which is just outside of Port Elgin. I absolutely love the Tantramar community and am thrilled to be working with this fantastic team of professionals. I look forward to continuing to work with the wonderful students, families, and school staff in this cluster of schools.

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## Monika Cormier

### Mental Health & Addictions Social Worker



Hello! I'm Monika and I'm the Mental Health and Addictions Social Worker for our team. Previously, I have worked with Adult Mental Health and Detoxification programs that include Methadone Maintenance and Alcohol Treatment programs. I have a Bachelor of Social Work from L'Université de Moncton. My work focuses on motivating change while using motivational interviewing techniques and Cognitive Behavioral Therapy approach. If substance use is affecting a person's overall quality of life, I offer a Harm Reduction and Concurrent approach to help them work through those issues. My goal is to help my clients focus on building resiliency, self-development skills, and enhancing their overall quality of life.

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## Tammy Cormier

### School Social Worker



My name is Tammy and I have been the School Social Worker on the Tantramar C&Y Team since January 2021 and Rexton from 2017-2021. Prior to the Child and Youth team, I worked for the Department of Social Development in Sussex NB in the Family Supports for Children with Disabilities program from 2011-2017. I hold a Bachelor of Arts in Criminology and graduated from the Bachelor of Social Work program at Saint Thomas University in 2011. I am looking forward to the school year and collaborating through the new challenges this school year will bring!

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## Dawn Jessome

### Education Support Teacher – Autism/Resource (EST-A/R)



Hello! I'm Dawn and I am an EST –Autism and Resource for our Child & Youth team. I'm very happy to be starting my sixth year with the Child & Youth Team. I was a resource teacher in Anglophone East for the past 12 years before joining the TRHS Cluster of Schools. Prior to that, I have been both a resource and classroom teacher in Wolfville, NS, Halifax, NS and in Edmonton, AB. I even had the wonderful experience of teaching internationally in Manama, Bahrain for 5 years. I have both my Bachelor of Education and a Master of Education. When I'm not at the office you can find me either hiking with my dog or lounging at the beach. I am looking forward to working with you.

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## Raquelle Leclerc

### Clinical Coordinator



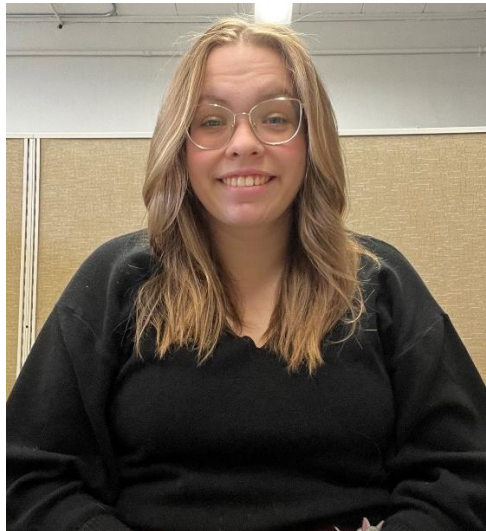
Hi! My name is Raquelle Leclerc, and I am the Clinical Coordinator for our cluster. I am a registered Social Worker and I have been in this role since the fall of 2017. Prior to joining the Child & Youth Team, I worked as an addiction counsellor in various high schools for 13 years and also worked as a hospital social worker at the Sackville Memorial Hospital & Moncton Hospital. I am thankful for the opportunity to work within the Tantramar community and really look forward to working collaboratively with all the ESS teams within our family of schools.

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## Marla-Ann Rogers

### Mental Health Social Worker



Hello there! My name is Marla-Ann Rogers, and I am the Mental Health Social Worker for the Tantramar Cluster. I am originally from Moncton, NB, but graduated from Mount Allison University in 2018 and then from Dalhousie University in 2020. During my Bachelor of Social Work (BSW), I worked at a drop-in center for youth experiencing mental health illness(es), mood disorders, and addictions that focused on recovery-based understanding of mental illness and addictions. As a new individual to the team, I hope to have the opportunity to work with students and/or families in a way that utilizes harm reduction and recovery-focused techniques, while encouraging the use of coping mechanisms to aid with life changes and challenges! Outside of school, I am a relatively quiet person. I enjoy reading, scrolling TikTok, and hanging out with my fluffy (and according to her vet, chunky) cat, Smudge.

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