



Salisbury Elementary

Menu 2019-2020



Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Cheese Sandwich \$3.50 Egg Salad Sandwich \$3.50 Ham and Cheese Sandwich \$3.50 Caesar Salad \$3.50 Garden Salad \$3.50 Add chicken \$1.50 Hamburger \$3.85 Cheeseburger \$4.60	Spaghetti With Home Made Meatballs Or Marinara Sauce Fruit of the Day Milk/Chocolate milk	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices Milk/Chocolate milk	Homemade Baked Chicken Strips, Wedges, Mixed Vegetables, Fruit of the Day Milk/Chocolate milk Salad Bar \$3.50	Home-style Lasagna with Caesar Salad, Fruit of the Day Milk/Chocolate milk	Sweet and Sour Meatballs served on Rainbow Rice, Fruit of the Day Milk/Chocolate milk
Veggie Sticks and Dip \$1.50 Cheese and Crackers \$2.00 Apple Slice w Caramel Dip \$3.00 Fresh Fruit \$1.25 Sm. Brownie \$1.00 Healthy Choice Cookies \$0.75 Homemade Banana Bread \$1.50 Fruit Crisps \$1.50 Sm. Muffin \$1.00 Frozen Yogurt \$1.50 Sunchips \$1.75	Chartwells Lunchables 4 Garlic Breadsticks Pizza Sauce Side ceasar Cookie Fruit of the Day Milk/Chocolate Milk	Chartwells Lunchables Sliced Ham or Turkey Cheese Stick Crackers Veggie Sticks Cookie Fruit of the Day Milk/Chocolate Milk	Chartwells Lunchables 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Cookie Fruit of the Day Milk/Chocolate Milk	Chartwells Lunchables Sliced Ham or Turkey Cheese Stick Crackers Veggie Sticks Cookie Fruit of the Day Milk/Chocolate Milk	Chartwells Lunchables 4 Garlic Breadsticks Pizza Sauce Side ceasar Cookie Fruit of the Day Milk/Chocolate Milk
White Milk \$.50 Chocolate Milk \$.55	\$6.00 / \$6.05	\$6.00 / \$6.05	\$6.00 / \$6.05	\$6.00 / \$6.05	\$6.00 / \$6.05

Daily Options

Pizza Slice, Soft Beef Taco, Sloppy Joe, Grill Chicken or Grill Cheese Sandwich served with Veggie Sticks, Fruit of the Day & Milk \$6.00 / Chocolate Milk \$6.05

For online ordering please go to: www.CafZone.ca

All meals made with local meat and produce