



## COVID 19 SYMPTOMS

1. Do you have any of following symptoms:

- Fever/feverish
- Sore throat
- Headache
- Runny nose
- New cough or worsening chronic cough
- New onset fatigue or muscle ache
- Diarrhea
- Loss of taste or smell
- In children, purple markings on fingers or toes

If you answered YES, and have ONLY ONE symptom, you MAY phone 811 to discuss COVID-19 testing, but you do not need to self-isolate. As a precaution, please self-monitor for onset of additional symptoms that may develop.

If you answered YES, and have 2 OR MORE of the symptoms, then self-isolate at home, and call 811.

If a student shows 2 or more of the above symptoms at school, he/she will be isolated and sent home immediately. Parents then must follow directions outlined below.

### What parents need to know??

(from return to school provincial document)

Parents are responsible for reviewing the screening questions with their children prior to leaving for school and only sending their child to school when they are well and have met the criteria outlined in the survey. See WorkSafe NB Website for [Screening for COVID-19 Poster](#) .

Those who have two or more symptoms of COVID-19 must stay home and contact 811 to determine whether COVID-19 testing is required. If COVID-19 testing is required, individuals must follow Public Health advice for returning to school. If testing is not required, they can return once fever (with no medications) and other symptoms have been resolved for 24 hours or if they have been directed to do so by a health care professional. If tested, Public Health will inform the individual or parent (when a student is involved) when isolation may be lifted. See the following website for information:

<https://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/en/CDC/PosterCL.pdf>

**Note:** Students or school personnel who have been identified by their primary care provider as having asthma, seasonal allergies or who suffer from chronic runny nose/nasal congestion are not required to be excluded based on these symptoms.