

# Grade 120 Leadership

## Course syllabus



### Course:

Grade 120 leadership is aimed at teaching leadership through health and physical education and to provide students with the opportunity to develop leadership skills. This course is geared so that students will acquire the knowledge and skills required to be a leader through the organization of teaching games and events. Students will be responsible for planning, organizing, running and volunteering for events within the school and community. Twenty hours of volunteer time outside of school is required.

### Areas of study:

- Leadership
- Tournament organization
- Teaching concepts, peer teaching, teaching various grade levels, teaching the elderly, those with disabilities, pregnant women etc....
- Coaching concepts, being a coach, how to teach, how to relate
- Class consists of three days in the gym and two in the classroom, but this can change when students are teaching and running events

**Evaluation:** 80% class mark which includes all material covered, participation, teaching, organization of events, final assignment  
20% extracurricular volunteer hours. Twenty hours of volunteer time is required outside of the classroom as part of the leadership course.

