



Elementary/Middle Menu 2019-2020



Meals \$6.00	Everyday Options	Wednesday	Thursday	Friday
Sept 03-Sept 06 Sept. 16-Sept 20 Sept 30-Oct 04 Oct 14-Oct 18 Oct 28-Nov 01 Nov 11-Nov 15 Nov 25-Nov 29 Dec 09-Dec 13	Grilled Cheese Sandwich \$3.50 Chicken Salad Sandwich \$3.50 Egg Salad Sandwich \$3.50 Ham and Cheese Sandwich \$3.50 6" Ham and Cheese Sub \$5.00 Hamburger \$3.95 Cheeseburger \$4.60 Grilled Chicken \$3.90	Homemade Baked Chicken Strips, Mashed Potatoes, Mixed Vegetables, Fruit of the Day Milk	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices Milk	Spaghetti With Home Made Meatballs Or Marinara Sauce Fruit of the Day Milk
Sept 09-Sept 13 Sept 23-Sept 27 Oct 07-Oct 11 Oct 21-Oct 25 Nov 04-Nov 08 Nov 18-Nov 22 Dec 02-Dec 06 Dec 16-Dec 20	1 Taco Wrap \$3.10 or 2/\$5.60 Caesar Salad \$3.50 Garden Salad \$3.50 Add Chicken \$1.50 Veggie and Dip \$1.50 Cracker And Cheese \$2.00	Home Made Mac & Cheese Veggie Sticks Fruit of the Day Milk	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day Milk	Hot Chicken Sandwich with Potato Wedges Corn Fruit of the Day Milk
Alternate Meals	Fresh Fruit \$1.25 Fruit Cup \$2.10 Apple Slices with Caramel dip \$2.25 Healthy Choice Cookies \$0.75 Homemade Muffin \$1.00 Homemade Banana Loaf \$1.50 Brownie Bites \$1.25 Frozen Yogurt \$1.50	<u>Chartwells Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Cookie Fruit of the Day Milk	<u>Chartwells Lunchables</u> Sliced Ham or Turkey Cheese Stick Crackers Veggie Sticks Cookie Fruit of the Day Milk	<u>Chartwells Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Side ceasar Cookie Fruit of the Day Milk
Daily Options	Pizza \$3.00, Garlic Fingers \$4.00, Homemade Hamburger, Chicken Breast, Grilled Chicken Snack with Veggie Sticks Or Garden Salad and Fruit of the day Milk \$.50 / Chocolate Milk \$0.55			
All meals made with local meat and produce				

