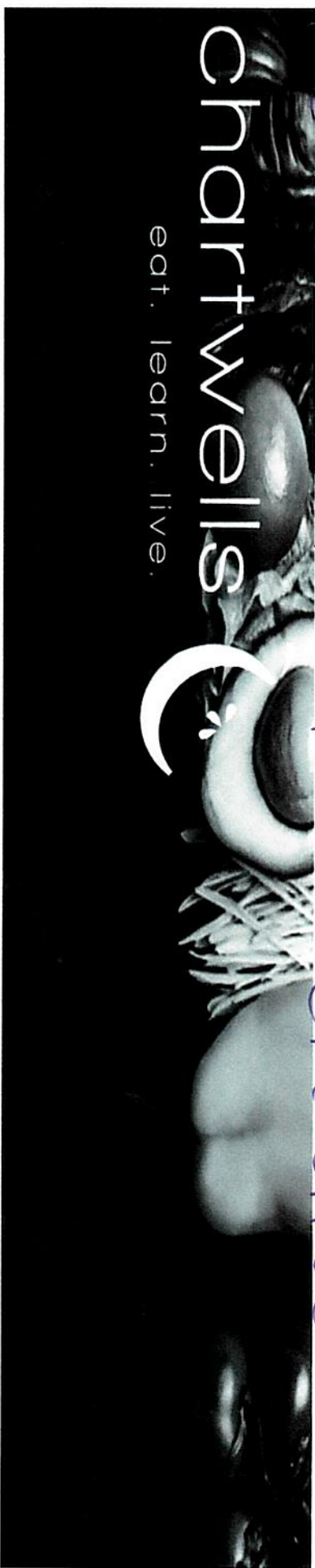


Please Post in Classroom!



Chartwells

eat. learn. live.

	Monday	Tuesday	Wednesday	Thursday	Friday		
Week 1							
Oct 12-16	Spaghetti with Lean Meat Sauce or Marina Sauce, with Caesar Salad, Fruit of the Day	Chicken Strips, Mashed Potato & Hot Veggies with Side of Fruit	<u>Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day	Hamburger with Baked Potato Wedges or Veggie Sticks & Dip and Side of Fruit	<u>Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day	Meal Price: Includes Milk/ch milk	\$6.00
Oct 26-30						Sandwiches: Grilled Cheese Chicken Salad Sandwich Egg	\$6.05 \$3.50 \$3.75 \$3.75
Nov 9-13						Drinks: 250ml Milk Bottled Water Frozen Juice Cup Juice Boxes	\$0.55 \$1.50 \$1.50 \$1.25
Nov 23-27						Salads: Caesar Salad Garden Salad Add Chicken to your salad	\$3.85 \$3.85 \$1.25
Dec 7-11						Other Pizza Chicken Burger Hamburger CheeseBurger Snack Wraps Ham&cheese subs Snacks: Veggies and Dip Crackers & Cheese Fresh Fruit Fruit Cup Apple Slices w/Dip Pudding Cup Homemade Cookie Homemade Muffin Homemade Banana Bread	\$3.50 \$4.25 \$4.00 \$4.75 \$3.75 \$4.75 \$1.50 \$1.75 \$1.25 \$2.25 \$3.00 \$2.00 \$0.75 \$1.50 \$1.50
Week 2							
Oct 5-9							
Oct 19-23							
Nov 2-6							
Nov 16-20							
Nov 30-Dec 4							
Dec 14-18							
Yogurt cup \$1.50 Yogurt&berries \$2.50 Chicken soup \$3.00 Grilled ham &cheese \$4.00	Vegetarian or Meat Lasagna with Tossed Salad	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day	Chicken Burger, Baked Wedges or Veggie Sticks & Dip	<u>Lunchables</u> Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day		
	Daily: Pizza, Hamburger, Chicken Burger, Soft Beef Tacos, Snack Wraps						



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