

Guidelines

Families are encouraged by the Department of Education and Early Childhood Development to use the recommended guidelines selecting and participating in home learning options

Grade Level	Home Learning Options	Daily Recommendations		
		Duration of Learning	Duration of Reading	Duration of Physical Activity
K – 2	Literacy Numeracy	Average of 1 hour per day (5 hours per week)	Read aloud to children daily	Daily physical activity and free play
3 – 5	Literacy Numeracy Science	Average of 1 hour per day (5 hours per week)	30 minutes	30 minutes
6 – 8	Literacy Numeracy Science Social Studies	Average of 2 hours per day (10 hours per week)	30 minutes	30 minutes
9 & 10	Literacy Numeracy Science Social Studies Personal Skill Development	Average of 2.5 hours per day (12.5 hours per week)	30 minutes	30 minutes
11 & 12	Math English Second Language Science/Technology History/Social Studies	Average of 2.5 hours (12.5 hours per week)	30 minutes	30 minutes
	Students currently enrolled in online courses are encouraged to continue if personal circumstances permit.			
	Some high schools may be able to offer other options for grade 11 & 12 students who are willing and able to participate. In these instances, principals will have the option to award a credit for these course options.			